

Family Support News November 28, 2022

## <u>Sibling Support Program:</u> <u>A Family-Centered Mental Health Initiative</u>

WHEN: Thursday, December 1st, 5:30 PM Do you have a child with behavioral challenges? Do you have other children who are impacted? If so, caregivers and siblings are invited to join this webinar, hosted monthly on the first Thursday of each month. Over Zoom, siblings meet other children and teens who know what it's like to have a brother or sister with behavioral challenges. Siblings have a chance to talk, learn coping skills and feel better. The Zoom is facilitated by psychiatrists and trainees at UMass Chan Medical School.

What about parents & caregivers? First-time participants join a Zoom session led by our trained parent mentor. Returning parents join a session to address family challenges.





## Preparing for Employment: How Do I Get the Job I Want? By SPAN Advocacy Network Wednesday November, 30th, 2022 12PM-1 PM

Employment should be an expectation for youth/young adults with disabilities.

In this webinar we will discuss:

- •Ideas to help you figure out what type of job you want
- •Things to consider before starting a job search
- •Tools to help you complete applications
- Preparing for interviews
  Register Here



## VIRTUAL HOUSING SERIES: Getting on the Road to Housing January 11, 2023 7-8 PM

The Arc of Bristol County is proud to partner with Autism Housing Pathways for a 4-part housing series.

You do not need to attend all four webinars but it is recommended to attend each. This training will focus on the introduction and overview for applying for housing and thinking about housing.

To register, please use the link below. This presentation is for parents, individuals, professionals, or any family member of

a person with a disability.



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