



AUTISM SPEAKS[®] FAMILY SERVICES

autismspeaks.org/family-services



Autism Speaks Tool Kits

FOR YOUNG CHILDREN

100 Day Kit for Newly Diagnosed Families of Young Children (Ages 0-4): A guide for the first 100 days following a diagnosis of autism. Also available in Spanish and other languages.

First Concern to Action Tool Kit Provides families having concerns about their child's development with resources and tools to guide them on the journey from first concern to action.

FOR SCHOOL AGE CHILDREN

100 Day Kit for Newly Diagnosed Families of Young Children (Ages 5-13)

Individualized Education Program: Summary, Process and Practical Tips: Lays out steps to take through the IEP process and contains an IEP timeline.

Leading the Way: Autism-Friendly Youth Organizations: Better prepares community organizations to serve youth and families in the autism community.

School Community Tool Kit: Assists members of the school community in supporting students with autism.



Scan this QR code to visit the
Autism Speaks Tool Kits page!

FOR YOUNG ADULTS/ADULTS

Is It Autism and If So, What Next? A Guide for Adults: Provides information for young adults and adults who suspect they may have autism or have been recently diagnosed.

Community-based Skills Assessment: Assesses individual strengths and challenges to develop effective personalized transition plan.

Employment Tool Kit: Helps adults with autism research and find employment in the competitive labor market.

Housing and Residential Supports Tool Kit: Guides individuals and families as they identify and secure appropriate residential services.

Postsecondary Educational Opportunities Guide: Provides information about options available for individuals with autism after high school.

Transition Tool Kit: Guides families on the journey from adolescence to adulthood.

FOR ALL AGES

Advocacy Tool Kit: Aims to help both individuals on the spectrum and families develop and use critical advocacy skills in order to achieve the best possible outcomes.

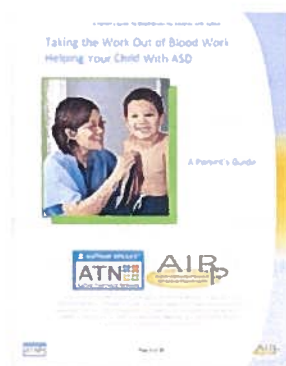
Challenging Behaviors Tool Kit: Gives families strategies, information, and resources on how to prevent and respond to challenging behaviors from their loved ones.

Dental Tool Kit: Information for dentists and families about making visits to the dentist more successful.

Family Support Tool Kits: Teaches grandparents, parents, siblings and friends more about autism and enables them to lead happy lives with their loved ones with autism.

Special Needs Financial Planning Tool Kit: Provides essential information and guidance to help families develop a plan for their children's financial futures.

Tips for Successful Haircuts: Information for stylists and families about making haircuts more successful.



AS-ATN/AIR-P Tool Kits

The tool kits below are products of on-going activities of *Autism Speaks' Autism Treatment Network (ATN)* through its federal funding as the *Autism Intervention Research Network on Physical Health*.

AUTISM AND MEDICATION: SAFE AND CAREFUL USE:

Created to help families work with their healthcare providers to make sure that medicine is taken safely and effectively.

BLOOD DRAW TOOL KIT: Contains tools to help you and your child prepare for future medical visits and reduce the stress that may come with blood draws.

A CLINICIANS' GUIDE TO PROVIDING FEEDBACK TO

FAMILIES: Manual and videos designed to provide health care professionals with instructional support for leading a productive diagnostic feedback session.

DENTAL PROFESSIONALS' TOOL KIT: Provides information that helps dental professionals' better provide care or children with ASD.

EEG GUIDES: Provides information about the EEG procedure and how to help children with ASD successfully prepare for and complete an EEG.

EXPLORING FEEDING BEHAVIOR IN AUTISM: Helps parents and professionals better understand the "nuts and bolts" of feeding issues.

GUIDE TO APPLIED BEHAVIOR ANALYSIS: Designed to provide a better understanding of ABA, how your child can benefit and where/how you can seek ABA services.

MANAGING CONSTIPATION IN CHILDREN WITH AUTISM:

Provides strategies and resources for parents of children with autism who have problems with constipation and difficulties treating it.

INTRODUCTION TO BEHAVIORAL HEALTH TREATMENTS:

Designed to provide parents of children with ASD with an overview of in-home strategies as well as tips to teach and increase desirable behaviors and decrease behavior problems.

MEDICATION DECISION AID: Helps you clarify your values and goals and then talk with your healthcare provider about the options, benefits, and possible downsides of medications.

PICA GUIDES FOR PARENTS AND PROFESSIONALS:

Helps you better understand pica, its signs, symptoms and ways to treat and prevent it.

PUBERTY AND ADOLESCENCE RESOURCE: Provides guidance for parents on the subject of puberty that can be directly applied to pre-teens with ASD.

SLEEP TOOL KIT: Designed to provide strategies to improve sleep in their child affected by autism. Separate guide for sleep strategies specifically for teens available as well.

TOILET TRAINING GUIDE: Provides caregivers tips to increase toileting success by teaching toileting skills, providing advice on preparing schedules and routines and visual supports.

TOOLS FOR SUCCESSFUL VISION EXAMS: Video and teaching story to help prepare for trips to the eye doctor.

VISUAL SUPPORTS AND AUTISM SPECTRUM

DISORDER: Provides a step-by-step, easy-to-understand introduction to visual supports and the ways that parents and other caregivers can begin using them.