

## When You Thought I Wasn't Looking

When you thought I wasn't looking, I saw you hang my first painting on the refrigerator, and I immediately wanted to paint another one.

When you thought I wasn't looking, I saw you feed a stray cat, and learned that it was good to be kind to animals.

When you thought I wasn't looking, I saw you make my favorite cake for me, and I learned that the little things can be the special things in life.

When you thought I wasn't looking, I saw you make a meal and take it to a friend who was sick, and I learned we all have to help take care of each other.

When you thought I wasn't looking, I felt you kiss me good night, and I felt loved and safe.

When you thought I wasn't looking, I saw you take care of our house and everyone in it, and I learned we have to take care of what we are given.

When you thought I wasn't looking, I saw you handle your responsibilities even when you didn't feel good, and I learned that I would have to be responsible when I grow up.

When you thought I wasn't looking, I saw tears come from your eyes, and I learned that sometimes things hurt, but it's all right to cry.

When you thought I wasn't looking, I saw that you cared, and I wanted to become everything that I could be.

When you thought I wasn't looking, I looked at you and wanted to say, "Thanks for all the things I saw when you thought I wasn't looking."

Unknown Author

**T**ogether Warriors are

**R**espectful

**T**n-control/safe

**B**eing responsible

**E**veryday

**UES**  
**Show your**  
**TRJBE Pride!**

**Positive  
Behavior  
Intervention  
& Support  
(PBIS)**



**SMITHVILLE  
UPPER  
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**695 S. Commercial  
Smithville, Mo 64089  
Phone: (816) 532-4566**

# **What is Positive Behavior Intervention & Supports?**

Schools that build Positive Behavior Intervention & Supports (PBIS) make an intentional decision to:

- Create a safe and welcoming school community for everyone — students, parents and all staff
- Adopt universal school rules:
- Regularly teach and practice the school-wide expectations
- Notice and acknowledge students who demonstrate positive behaviors
- Proactively supervise all common areas
- Identify and proactively address behavior concerns: school-wide, group, and individual.
- Understand and utilize a variety of consequences which are routinely evaluated for effectiveness.

“My father didn’t tell me how to live;  
he lived and let me watch him do it.”

*Clarence Budinton Kelland*



## **How Can Parents Use PBIS at Home?**

### **Use the school rules at home:**

- Be respectful
- Be in-control/safe
- Be responsible

### **Set clear expectations:**

- Take time to explain your expectations — explain what the behavior looks like.
- Practice how to do what you have asked.
- Make sure your child understands the directions. Ask them to repeat the directions in their own words.
- Observe and discuss the results.

### **Make sure consequences are:**

- Clearly stated without emotion
- Realistic and enforceable
- Predictable and consistent
- Age appropriate

### **Acknowledge your child when they do the right thing:**

- Use verbal praise
- Go to the park
- Spend one-on-one time
- Play a game with your child

**“Your children need your presence  
more than your presents.”**

*Jesse Jackson*