

Navigating new social worlds

Dear Parents, INVEST in your middle schooler's health!
Here are some helpful tips to keep them healthy:



CYBERBULLYING PREVENTION

- Be aware of what your middle schooler is doing online
- Get to know their online "friends"
- Recognize warning signs
- Encourage them to report bullying behavior

Learn more:
bit.ly/31gX0IZ



INTERNET & SOCIAL MEDIA SAFETY TIPS

- Talk to your middle schooler about social media safety
- Monitor their social media accounts
- Establish ground rules
- Set parental controls when possible

Learn more:
bit.ly/3GCv4zl



EVALUATING ONLINE VACCINATION INFO

Questions you should ask

- Is the source credible?
- How is information reviewed before it gets posted?
- How current is the information?

Learn more:
bit.ly/3EwH7ws



HPV VACCINE

Myths and misinformation about HPV and the HPV vaccine are circulating on- and offline. Make sure you get the facts!

Learn more:
bit.ly/3vZH1dy



Questions about your middle schooler's vaccinations? Your school nurse knows the facts!

QUESTIONS? CONTACT



SCHOOL HEALTH SERVICES
at (864) 206-2249

Whole Child Advocate



DON'T KNOW WHERE TO GO? HERE'S A LIST OF VACCINATION RESOURCES IN YOUR AREA

PEDIATRICIANS

Carolina Pediatric Associates

1610 N Limestone St, Gaffney, SC 29340, phone: (864) 839-4325

301 W Pine St, Blacksburg, SC 29702, phone: (864) 839-4325

CMC - Center for Pediatrics

103 Stuard Street, Gaffney, SC 29341, phone: (864) 514-1080

ReGenesis Health Care

1341 N Limestone St, Gaffney SC, 29340, phone: (864) 582-2411

FAMILY MEDICINE AND IMMEDIATE CARE

Cherokee Community Care

1307 N Logan St, Gaffney, SC, 29341, phone: (864) 488-1333

CMC - Immediate Care Center - Gaffney

840 West Floyd Baker Blvd, Gaffney, SC 29341, phone: (864) 489-3300

CMC - Center for Family Medicine - Grassy Pond

517 Chesnee Highway, Suite A, Gaffney, SC 29341, phone: (864) 487-7655

CMC - Center for Family Medicine - Peachview

722 Hyatt St, Suite B, Gaffney, SC 29341, phone: (864) 488-1400

Piedmont Medical - Khalid N Soherwardy MD

317 N Logan St, Gaffney, SC 29341, phone: (864) 489-2588

COUNTY HEALTH DEPARTMENT

Cherokee County Public Health Department and Home Health Services

400 S Logan St, Gaffney, 29341, phone: (855) 472-3432 for appointments

OR (864) 487-2705 for more information. The local health department provides vaccines by appointment only