



SEPTEMBER 2023

Brownsville Area Elementary School

Daily alternate entrée choices include:

1. EZ Jammer Wowbutter & Grape Jelly Sandwich w/ String Cheese & Goldfish Cheddar Crackers
2. Trix Yogurt w/ String Cheese & Otis Spunkmeyer Blueberry Muffin

Monday

Tuesday

Wednesday

Thursday

Friday

No School

4

Chicken Tenders

5

French Toast Sticks

6

Cheeseburger

7

Pizza

1

Steamed Carrots

Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Chicken Nuggets

11

Hot Italian Hoagie, Lettuce
& Tomato

12

Breaded Pork Patty
Dinner Roll

13

Calzone w/ Marinara
Dipping Sauce

14

Pizza

15

Steamed Carrots

Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Oven Baked Beans
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Steamed Broccoli
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Mashed Potatoes
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Green Beans
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Macaroni & Cheese

22

Steamed Carrots

Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Chicken Patty Sandwich

18

Meatball & Mozzarella
Hoagie

19

Turkey & Gravy over Biscuit
Mashed Potatoes

20

Pizza Crunchers & Marinara
Dipping Sauce

21

Oven Baked Beans
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Steamed Broccoli
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Green Beans
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Cheeseburger

25

General Tso's Chicken

26

Turkey & Cheese Hoagie

27

Chicken Tenders

28

Pizza

29

Steamed Carrots

Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Oven Baked Beans
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Steamed Broccoli
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk
Chocolate Chip Cookie

Oven Fries
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

Bread Stick
Green Beans
Asst. Fruit & Fresh Vegetables
FF Chocolate or 1% White Milk

All students receive a complimentary lunch daily. Choices include: **Milk:** FF Chocolate or 1% White. **Assorted Fruit & Fresh Vegetables:** (Take up to 2 fruits & 2 vegetables) Apple, Orange, Asst. Canned & Other Fresh Fruit as available, Baby Carrots, Broccoli, Chick Peas, Grape Tomatoes, Romaine Salad, Cucumber Slices & Asst. Other Vegetables as available. **Grains/Breads:** 80% of all grain items are "whole grain rich", per the USDA regulations. To qualify as a free lunch, students must take 3, 4 or 5 items, (Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk) of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala cart prices are in effect. Smart Snacks available for purchase, payable at www.myschoolbucks.com, check or cash. Brownsville Area School District is an equal opportunity provider and employer.