

Student Athletic & Activities Manual

**Mound City R-2 Middle School & High School
Revised June 2016**

Clubs and Activities

Art Club
Future Business Leaders of America
FFA
National Honor Society
Academic Bowl
Family, Career and Community Leaders of America
Flag Corps
Cheerleading
Basketball
Football
Track and Field
Volleyball
Golf
Instrumental and Vocal Music
Student Council

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MOUND CITY R-2 INTERSCHOLASTIC PHILOSOPHY

Extracurricular participation has long played a major role in the educational development of public school students. The Mound City R-2 Schools are committed to providing a strong interscholastic program that emphasizes the student's moral, physical, mental, and emotional development.

As we strive to develop our young people in these four areas, it is important to establish a strong foundation for guidelines that will enhance these areas of student growth. It is also important to remember that students must first establish themselves both academically and as productive school and community citizens before they are allowed to represent Mound City R-2 in interscholastic activities.

As a member of the Missouri State High School Activities Association, we are obligated to both recognize and adhere to their guidelines and policies governing interscholastic activities.

As approved by the Mound City R-2 Board of Education, these guidelines will become our foundation for student success.

Mr. Ken Eaton
Superintendent
Mr. Korey Miles
Principal, Athletic Director

Mrs. Carolyn Hall
Elementary/Middle School Principal

EXTRA-CURRICULAR PARTICIPANT RESPONSIBILITIES

It is the responsibility of the participant to display good sportsmanship at all times. Because players are admired and respected, they exert a great deal of influence over the actions and behavior of the spectators and their fellow students. Desirable behavior for the participants would be to:

1. Treat opponents with the respect that is due them as guests and fellow human beings.
2. Shake hands with opponents and wish them good luck before the contest.
3. Exercise self-control at all times, accepting decisions and abiding by them.
4. Respect the officials' judgments and interpretations of the rules. Never argue, or make comments or gestures indicating a dislike for a decision.
5. Do not communicate with the officials regarding clarification of the ruling. This is a function of the captain.
6. Accept both victory and defeat with pride and compassion, being neither boastful nor bitter.
7. Congratulate the opponents in a sincere manner following either victory or defeat.
8. Accept seriously the responsibility and privilege of representing the school and community.

EXTRA-CURRICULAR PARTICIPANT RESPONSIBILITIES AS A SPECTATOR

Students' habits and reactions as spectators determine the quality of sportsmanship, which reflects upon the reputation of their school. Therefore, it is recommended that they:

1. Know and demonstrate the fundamentals of sportsmanship.
2. Respect, cooperate, and respond enthusiastically to cheerleaders.
3. Censor fellow students whose behavior is unbecoming.
4. Respect the property of the school and the authority of the school officials.
5. Show respect for an injured player when the player is removed from the contest.
6. Do not applaud errors or penalties inflicted upon opponents.
7. Do not heckle, jeer, or distract members of the opposing team.
8. Never criticize the players, participants, sponsor/advisors or coaches for the loss of a game or competition.
9. Respect the judgment and strategy for the coach.
10. Avoid profane language and obnoxious behavior.

SPORTS AND ACTIVITIES POLICIES

Policies pertaining to termination of a student participating in a sport or activity:

1. Participant voluntarily terminating a sport – beginning practice in a sport of the same season. Any athlete who tries out for a particular sport and subsequently drops from the squad on his or her own accord after the first varsity contest in that sport, cannot compete in another sport during that sports season. A student then may go out for another sport in the new sports season that follows.
2. Participant voluntarily terminating a sport – beginning practice in a sport of the succeeding season. Any athlete who tries out for a particular sport and subsequently drops from the squad of his own accord after the first varsity contest, cannot begin practice in a sport of the succeeding sport season until the schedule of the sport in which he was competing has been completed.
3. Participant involuntarily terminating a sport – If any athlete is cut from the squad he/she may try out immediately for another sport during the same season. However, if an athlete is dismissed from a team due to disciplinary reasons, he/she may not participate in any other sport during the same season.

Policies pertaining to athletic/activities awards:

1. A participant will be awarded a school letter, a sport emblem, and a bar the first time he/she earns a Mound City R-2 High School letter. Each succeeding year that he/she earns a letter in a particular varsity sport, he/she will be awarded an additional bar.
2. Method of receiving awards. Each coach will submit a list of award recommendations to the Athletic Director. These letters will be awarded at the sports social by the head coach.

Policy on completion of season to earn award: A participant must complete the sport or activity to qualify for an award, unless his or her season ends due to an injury.

Policy on lettering: Each sport will set its own lettering requirements. These requirements will be listed on the handout given to students prior to the season.

TRANSPORTATION

To justify the transportation to and from athletic events, a person may get off a bus without coming back to the school if it is at their home or a parent is waiting for them at a place that would be closer to their home.

A student may ride home with his or her parents or guardian if a parent comes to the coach or sponsor and requests to take their student home with them. The parent must sign their son/daughter out on the sheet provided. A student may ride home with another parent, providing they have a note signed by their parent giving them permission. The note must list the person with whom the student has permission to ride and must be signed and dated for each request. The parent, who is taking the student, must sign them out on the sheet provided. Any circumstances other than those listed above must be approved by the Mound City R-II administration prior to departure from the event.

Any student who violates these rules or any training rules establishes by their head coach or sponsor, may be suspended from the team or organization for the remainder of the season and may forfeit those awards earned prior to the suspension.

SCHOLASTIC ELIGIBILITY

Students in grades 9-12 shall have earned in the preceding semester of attendance, a minimum of 3.0 units of credit or pass 80% of the maximum allowable classes, whichever is greater, or a student must have made standard progress for his or her level the preceding semester in a special education program for the handicapped approved by the Missouri State department of Education which, though un-graded, enrolls pupils of equivalent age.

A beginning 7th or 9th grade student shall have been promoted from the previous grade for first semester eligibility.

A 7th or 8th grade student must meet the following requirements in order to be academically eligible to participate in interscholastic activities:

Grading Period: A "grading period" is a period no less than six weeks and no greater than nine weeks where progress is determined and is reported to students/parents. A student must have been promoted to a higher grade or a higher level in special education at the close of the previous year. However, any such student who failed more than one scheduled subjects, or failed to make standard progress in special education, shall be ineligible the following grading period regardless of promotion to the higher grade.

STUDENT ATHLETE DRESS POLICY

A student will be required to practice good grooming habits and adhere to guidelines established by their respective head coach. If the head coach is not requiring or setting

proper grooming and dress standards for his or her players, the administration can and will step in to make the necessary changes. No hats home or away.

ACTIVITY STANDARDS

The following guidelines apply to any student representing Mound City R-2 in interscholastic activities, as defined by MSHSAA and Mound City R-2 School Board Policy. Teacher sponsors, coaches, administrators, parents, and students should be familiar with these following guidelines.

Eligibility Standards: Students will comply with all Missouri State High School Activities Association rules and regulations pertaining to their activity.

In addition to those policies found in this manual, each coach will develop guidelines, expectations, and rules that apply to their respective sports. These will be provided to student athletes at the start of the sports or activity season. The coach's rules, expectations, and guidelines must be adhered to in order to maintain eligibility. Each coach has the authority to develop and enforce such guidelines as needed to run a safe, respectable, and effective athletic program. A copy of individual sport and/or activity expectations will be submitted to the school administrator and the Athletic Director.

****All offenses are cumulative beginning with the ninth grade.**

1. The use of illegal drugs is strictly forbidden at any time. Any student who has been proven to have been using drugs (by a coach, teacher, or administrator) will be ineligible for a period of 2 consecutive competitive weeks. If this violation occurs a second time, the student will lose a period of 5 consecutive competitive weeks, and all awards earned during that season will be forfeited. If this occurs a third time the student will be ineligible for a period of 9 consecutive competitive weeks, and all awards earned during that season will be forfeited. If this occurs a fourth time the student will be ineligible for a period of 365 calendar days, and all awards earned during that season will be forfeited. If this occurs a fifth time, the student will be ineligible for the remainder of their high school career. Any student who is convicted in a court of law, who pleads guilty to, or who pleads no contest for use, possession, or distribution of illegal drugs will be ineligible to represent Mound City R-2 in any interscholastic activity for 365 calendar days from the date of conviction or plea. If this occurs during the school year, all awards earned during the same year will be forfeited. Pending legal disposition of the case a student will be ineligible to represent his or her team but **may continue to practice.**
2. The use of alcoholic beverages is strictly forbidden at any time. Any student who has been proven to have been using alcohol (by a coach, teacher, or administrator) will be ineligible for a period of 2 consecutive competitive weeks. If this violation occurs a second time, the student will lose a period of 5 consecutive competitive weeks, and all awards earned during that season will be forfeited. If this occurs a third time the student will be ineligible for a period of 9 consecutive competitive weeks, and all awards earned during that season will be forfeited. If this occurs a fourth time the student will be ineligible for a period of 365 calendar days, and all awards earned

during that season will be forfeited. If this occurs a fifth time, the student will be ineligible for the remainder of their high school career. Any student who is convicted in a court of law, who pleads guilty to, or who pleads no contest for use, possession, or distribution of illegal drugs will be ineligible to represent Mound City R-2 in any interscholastic activity for 365 calendar days from the date of conviction or plea. If this occurs during the school year, all awards earned during the same year will be forfeited. Pending legal disposition of the case a student will be ineligible to represent his or her team but **may continue to practice**. Any student, who is convicted, pleads guilty, or no contest, for driving under the influence, or driving while intoxicated at any time, will be considered interscholastically ineligible for 365 days from the date of conviction or plea. If this occurs during the school year, all awards earned during the same year will be forfeited. Pending legal disposition of the case, a student will be ineligible to represent his or her team but **may continue to practice**.

3. Any student who is seen smoking, using electronic cigarettes, or any tobacco product (by a coach, teacher, or administrator) during the season will be punished at the discretion of the coach and athletic director.
4. Any admission of guilt to the above listed offenses (1-3) will be handled at the discretion of the coach and athletic director.
5. The Mound City R-2 Letter may be worn only on an appropriate school letter jacket.
6. A practice or contest shall not be missed unless previously excused by the head coach of that particular sport or activity. Athletes violating this standard may be ineligible to participate in the succeeding contest.
7. Each participant is expected to follow all training rules for their respective activity.
8. Any student whose school conduct or community conduct is not considered desirable as defined by school policy and state law will be dealt with accordingly. Any student having been suspended from school will not participate in interscholastic activities in any manner during the suspension. Any student who pleads guilty or who is convicted of a felony, at any time, will be permanently ineligible to represent Mound City R-2 Schools.
9. **If a student misses any class time without being excused by the principal ahead of time, the student shall not be considered eligible on that date. Further, the student cannot be certified eligible to participate on any subsequent date until the student attends a full day of classes (or has an excused absence(s) from class) without an unexcused absence. (MSHSAA rule)**
10. All participants are responsible for the preservation of school owned athletic equipment. This equipment must be handled properly and accounted for at the conclusion of the sport season. Failure to return school owned athletic equipment or uniforms in a timely manner will lead to being referred to the principal for disciplinary action.
11. All participants shall engage in all pre-game, intermission or post-game ceremonies if such ceremonies are part of the program. The penalty for violation of this standard shall be decided upon by the coach and building principal.
12. Any participant who is suspended or served ISS on the day of a game is ineligible to participate in a contest that night. If the ISS or suspension ends on a Friday, the athlete may play in a contest on Saturday.

13. Any participant who receives a technical foul, penalty, or infraction during a game/event for unsportsmanlike conduct will be ineligible to participate in the next game.
14. The Athletic Director/Building Level Administrator has the ability to suspend a player from participating in a contest(s) as a result of their school conduct/classroom behavior at any time.

PARENT/COACH COMMUNICATIONS

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefits to students. As parents, when your student becomes involved in our program, you have a right to understand what expectations are placed on your student. This begins with clear communication from your student's coach.

COMMUNICATION COACHES EXPECT FROM PARENTS

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts well in advance.
3. Specific concern in regard to a coach's expectations or treatment of their child.

As your student becomes involved in the programs in the Mound City R-2 Schools, they will experience some of the most rewarding moments in their lives. It is important to understand that there also may be times when things do not go the way you or your student wishes. At these times discussion with the coach is encouraged.

COMMUNICATIONS YOU SHOULD EXPECT FROM A COACH

1. Philosophy of the coach.
2. Expectations the coach has for your student as well as all the players on the squad.
3. Location and times of all practices and contests.
4. Team requirements, i.e. fees, special equipment, off-season conditioning.
5. Procedure should your student be injured during participation.
6. Discipline resulting in the denial of your student's participation.

APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

1. The treatment of your student mentally and physically.
2. Ways to help your student improve.
3. Concerns about your student's behavior.

It is very difficult to accept your student not playing as much as you may hope. Coaches are professional. They make judgment decisions based on what they believe to be the best for all students involved. As you have seen from the list above, certain things can be and should

be discussed with your student's coach. Other things, such as those listed next, must be left to the discretion of the coach.

ISSUES NOT APPROPRIATE TO DISCUSS WITH COACHES

1. Pressure to increase playing time.
2. Team strategy.
3. Play calling.
4. Other student-athletes/participants.

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the others position. When these conferences are necessary, the following procedures should be followed to help promote a resolution to the issue.

1. Call to set up an appointment with the coach.
2. Please do not attempt to confront a coach before or after a contest or practice. **A parent should not enter a team locker room before or after a contest or practice unless their student has been injured.** These can be emotional times for both the parent and the coach. Meetings of this nature usually do not promote resolution.

THE NEXT STEP

What a parent is to do if the meeting with the coach did not provide a satisfactory resolution:

1. Call and set up an appointment with the Activities Director to discuss the situation.
2. At this meeting the appropriate step can be determined.

Since research indicates a student involved in co-curricular activities has a greater chance of success during adulthood, these programs have been established. Many of the character traits required to be successful participants are exactly those that will promote a successful life after high school. We hope the information provided within this handbook makes both your student and your experience with the Mound City R-2 Athletic Program less stressful and more enjoyable.

Please Sign and Return Pages 10 & 11 to the High School Office

**MOUND CITY R-2 JUNIOR HIGH & HIGH SCHOOL PARTICIPANTS
CONTRACT**

Any student who represents the Mound City R-2 District in interscholastic competition will be required to sign the following contract and deliver it to the Athletic Director before participating in any interscholastic event.

I, along with my parents have read and understand all of the Mound City R-2 School district policies in the activity handbook. I will abide by those guidelines established in this manual and by those set down by the Missouri State High School Activities Association.

I also recognize that by violating these guidelines, I will seriously endanger my eligibility as a representative of Mound City R-2. It is a privilege to represent my school and I will make decisions accordingly.

Any student and/or parent that feel he or she has been treated unreasonably in regard to these guidelines, should first talk to the coach, then the Athletic Director, and then the Superintendent. If the parents still are not satisfied then they may appeal to the Board of Education at a regularly scheduled board meeting. (It is not appropriate to contact board members before this procedure has been followed.) The Board of Education will then hear the complaint and decide whether an injustice has been done. Parents of the student are welcome to sit in during the session and to express their viewpoint. The Mound City R-2 Board of Education decision will be considered final.

Prior to participating in any practice or tryout sessions for any interscholastic sport, each athlete must:

1. Successfully pass a physical examination by a physician and a copy of the physical must be on file in the office of the Activities Director. A physical exam is valid if issued on or after June 1 of the previous school year.
2. Provide proof of personal health insurance.
3. Return activities contract signed by both the student and parent(s).

Signature of Participant Date

Signature of Parent/Guardian Date

Activities and Athletics

Acknowledgement of Activity Rules and Guidelines

School Mound City R-2

Activity _____

Coach/Sponsor _____

School Rules and Guidelines Associated with This Activity

(Rules and guidelines to be established by the coach/sponsor and school administration)

District Guidelines for Student Activities

Participation in District-sponsored activities and on District athletic teams is a privilege and not a legally protected right. Although students do not possess a legally protected right to participate in extracurricular activities, the District provides students suspended from participation with an informal opportunity to discuss the basis for their suspension.

Hazing Prohibited

I agree that I will refrain from participating in any student hazing activities as a participant or as an observer. I further understand that violation of the District’s hazing policy may result in suspension or expulsion from school and suspension or expulsion from participation in all activities.

Student and Parent Acknowledgement of the above Rules and Guidelines

I acknowledge that violation of any of the above rules and guidelines for this activity may result in suspension or permanent removal from this activity or all extracurricular activities depending upon the nature of the violation. I further agree that subject to an opportunity to present the student’s version of the alleged violation, the decision of the Superintendent/designee concerning suspension and duration of suspension is final.

Student Signature

Parent/Guardian Signature

Date

Date