
Taylorville Community Unit School District #3

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Dear Taylorville School District Families,

On behalf of Taylorville School District Nutrition Services, we would like to take this opportunity to discuss reimbursable meals for the 22-23 school year.

We would like to reassure you that we are committed to providing every student in Taylorville School District with the tools they need to succeed, including nutritious meals they can enjoy. Taylorville School District is approved for the Community Eligibility Provision (CEP), a meal program option offered by the USDA that allows us to serve reimbursable school breakfast and lunch at no charge to all enrolled students, regardless of financial condition.

What does this mean? Per the USDA, students are required to take certain items to qualify the meal as reimbursable. At breakfast for K-12, students are offered 5 items. An entrée (typically counts as 2 items), a fruit, a juice and a milk. Students are allowed to take all 5 items but are required to take at least 3 and one must be a juice or fruit.

Example- Juice, fruit, Cereal, graham crackers & Milk
Fruit, Muffin & Cheese Stick
Juice, Egg Sandwich (counts as 2 items)

At lunch for K-12, students are offered 5 items: Proteins, grains, fruits, vegetables, and milk. They must choose a minimum of 3 items, with one of those items being a ½ c fruit or ½ c vegetable.

Example- Pizza (protein & grain) & french fries
Beef Tacos (protein & grain), lettuce, & peaches
Donut, eggs, hash browns, apple, & milk

Cashiers are trained to promote students to take components that make a reimbursable meal. If students refuse to take the required fruit or vegetable, then students will be charged accordingly. Please promote your students to grab required items. Additional items are available for purchase include cookies (\$0.50), chips (\$1.25), snacks (\$1.10), Gatorade (\$2.25), water (\$2.00), zero soda (\$2.00), milk (\$0.75), extra breakfast entree (\$1.75) and extra lunch entree (\$2.25).

Families don't need to take any action. We only remind and encourage your child to take advantage of this opportunity and grab a school breakfast and lunch every single school day.

One thing that you can do to help this important cause is to encourage your students to eat with us. The demands of the classroom can be difficult for children who are hungry, as you know. Studies indicate students who eat breakfast can concentrate better, earn higher grades, and have fewer illnesses*. We do offer various breakfast programs – either in the cafeteria or in the classroom – to ensure students can start the school day right!

(*Food Research and Action Center (FRAC). "Breakfast for Learning." Spring 2014.)

We look forward to working for you to create a healthy learning environment for all students.

If you'd like more information, please call our office 217-824-4951, check the district website and Facebook page, Taylorville School Food Service for the latest news and updates.

Sincerely,

TCUSD # 3
Superintendent
Chris Dougherty

TAYLORVILLE SCHOOLS ARE A+

The MISSION of Taylorville Community Unit School District #3 is to have each student acquire knowledge, skills, and values for life-long learning in a changing world through the cooperative efforts of caring staff, an involved family, and a supportive community.