

MEAL SERVICE FOR STUDENTS WITH SPECIAL DIETARY NEEDS

- 1.0 Schools shall make substitutions on foods for students who are considered disabled and whose disability restricts their diet.
- 2.0 Schools may make substitutions in foods for non-handicapped students who are unable to consume the regular breakfast and lunch meal because of medical or other special dietary needs.
- 3.0 These meals/substitutions shall be provided at no additional charge. Special equipment for preparation and utensils for eating will be provided.
- 4.0 Schools shall require parent/guardians of students who have need of special meals to provide medical certification that 1) verifies special meals are needed because of the child's disability or medical condition and 2) prescribes the alternate foods and forms of foods needed to meet the child's special dietary needs. Substitutions shall be made on a case-by-case basis. Such statement shall be signed by a physician or in the case of a non-handicapped student by a recognized medical authority (i.e. Osteopath Doctor, Registered Dietitian.)
- 5.0 The Standards for School Nutrition, Policy 4321.1., requires additional foods be provided for pregnant and lactating students as specified in Section 4.1 Lunch Implementation Option A. This shall be implemented by the 1994 school year. When breakfast and lunch are considered together or in combination with a snack, the school shall provide:
 - 5.1 A total of 5 oz. of protein foods, 1 oz. of which shall be 1 oz cheese, 1 cup yogurt or 8 oz. fluid milk;
 - 5.2 3 servings from the grain group, preferably from whole grains;
 - 5.3 1-1/4 cups from the fruit and vegetable group;
 - 5.4 16 oz. from the milk group.
 - 5.5 In additional to these foods the following option shall be allowed:
 - 5.5.1 * 1 cup of fruit in place of one serving of the grain group once a week.