

## February 2019 High School Breakfast

**Fresh Fruit, Milk and Juice served daily**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 <sup>th</sup> Breakfast Nachos Berry Parfait Cinnamon toast crunch Cinnamon pop tart Grahams	5 <sup>th</sup> Pancake & Sausage sandwich Cinnamon roll Apple jacks Grahams	6 <sup>th</sup> Chicken & Biscuit Banana chocolate chip bar Frosted flakes cereal Grahams	7 <sup>th</sup> Breakfast plate Apple cinnamon muffin top Cherry muffin top Grahams Trix	8 <sup>th</sup> Sausage biscuit sandwich Lemonade stand smoothie Dutch waffle Fruity cheerios Grahams
11 <sup>th</sup> Tropical parfait Blueberry pop tart Breakfast crumble Grahams Cinnamon toast crunch	12 <sup>th</sup> Breakfast bites Peaches & Cream parfait Apple jacks Grahams String cheese	13 <sup>th</sup> Tropical wrap Apple\blueberry benefit bar Cherry fruit pocket Blueberry craisins Frosted flakes Grahams	14 <sup>th</sup> Breakfast bowl Peaches & Cream parfait Blueberry muffin top Cherry muffin Grahams Trix	15 <sup>th</sup> Breakfast pizza Tropical parfait Grahams Dutch waffle Fruity cherrios
18 <sup>th</sup>  NO SCHOOL	19 <sup>th</sup> Banana parfait Breakfast nachos Grahams Cinnamon toast crunch Strawberry pop tart	20 <sup>th</sup> Biscuit w\gravy and sausage Berry yogurt parfait Apple jacks Grahams	21 <sup>st</sup> Banana parfait French toast Grahams Frosted flakes Banana chocolate chip bar	22 <sup>nd</sup> Breakfast plate Blueberry parfait Grahams Chocolate muffin Cherry muffin trix
25 <sup>th</sup> Breakfast kolache Breakfast casserole Grahams Fruity cheerios Toast	26 <sup>th</sup> Berry banana smoothie Cinnamon toast crunch Grahams Breakfast nachos Cinnamon pop tart	27 <sup>th</sup> Pancake & sausage Apple jacks Grahams Peaches & cream parfait	28 <sup>th</sup> Breakfast wrap Food court smoothie Banana chocolate chip bar Grahams Frosted flakes	March 1 <sup>st</sup> Sausage biscuit sandwich Lemonade stand smoothie Fruity Cheerios grahams
				