

Lyme School District - Lyme School Wellness Committee

Meeting Minutes

Date: Tuesday, January 22, 2019

Location: Lyme School Conference Room

Start time: 3:18 PM

Present: Jeff Valence, Lisa Damren, Elise Foxall, Rachel Stanton, Becky Wipfler, Karen Huyck
(entered at 3:25 PM)

Teacher Report

- The teachers and staff feel that the PED policy (JICJ and JICJ-R) is being well respected and have not noted the need for active reinforcement.
- The staff has noticed a pattern in the middle school with regard to the borrowed chromebooks. Some students tend to open the chromebooks before class time begins and browse the internet. A posed solution to this is to not allow the students to open the chromebooks before class starts and to, instead, invite the students to open them at the appropriate time.
- Ms. Stanton reports that focusing on increasing time management skills with the middle school students may be a worthwhile future pursuit.

Food Service Program

- In light of Chef Reed's departure, the committee was updated as to the current food service plan status. The School Board will be reviewing the previous food service plan budget and make plans for an RFP going forward.

Device & Screen Time Awareness

- The committee agrees that, as a part of encouraging healthy technology habits, there is a need to discuss device and screen time usage with parents of the lower school. Using

the information gained from the current middle school students and parents in September 2018, Elise Foxall and Hayes Greenway plan to come up with an informational flyer for parents of the lower school. The goal will be to give them current data on the culture of our school with regard to device possession and screen time usage and ideas to promote a healthy relationship with technology.

Student Survey - Lunch Program

- As students are the primary consumers of the school lunch program, the committee agrees that surveying the students on their preferences will aid in the success of the program as well as allow the students to have a voice in the decisions to come. Kath Stanton, Becky Wipfler and Hayes Greenway will be working on the survey design and, once completed, Laura Abbene will help administer the survey in grades 3-8.

Community Involvement

- The committee will continue to think on ways to work collaboratively with key members of the community to promote wellness. The community and 6th grade pen pal project is beginning for this school year and will continue until the year's end.

End Time: The meeting was adjourned at approximately 3:58 PM

Next Meeting: Wednesday, March 6, 2019 at 3:15 PM - Lyme School Conference Room

Respectfully submitted,

Hayes Greenway

Lyme School Board

Wellness Committee Chair