

February 2019

St. George Municipal School Unit

Breakfast & Lunch Menu

*Menu is subject to change without notice.

Prices:

Regular Breakfast \$1.00.
 Regular Lunch: \$2.65
 Staff Regular \$4.00.
 A La Carte \$2.00
 Adult Visitors \$5.00
 Extra Milk \$0.50

Daily Lunch Alternatives:

Chef Salad w/ Whole Grain Bread
 Peanut Butter & Jelly Sandwich

Sandwich of the Day:

Monday: Ham & Cheese
 Tuesday: Tuna
 Wednesday: Turkey & Cheese
 Thursday: Ham & Cheese
 Friday: Tuna
 Gluten-Free Options Available

Monday	Tuesday	Wednesday	Thursday	Friday
2/4	2/5	2/6	2/7	2/8
Breakfast: Breakfast Breads, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Grilled Cheese Sandwiches & Tomato Soup, Cucumbers, Applesauce, Milk.	Breakfast: Fruit Yogurt Cups, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Crispy Chicken on WG Bun, Steamed Broccoli, Peaches, Milk.	Breakfast: Chocolate Croissants, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Hot Dogs on WG Bun, Potato Fries, Melon, Milk.	Breakfast: Breakfast Sandwiches, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Salad Bar, WG Rolls, Pineapple, Milk.	Breakfast: Bagels, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: WG Rotini w/ Meat Sauce, Green Beans, Watermelon, Milk.
2/11	2/12	2/13	2/14	2/15
Breakfast: Breakfast Breads, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Hamburgers (Plain or Cheese), Lettuce & Tomato, Celery Sticks, Pears, Milk.	Breakfast: Apple Turnovers, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Mac & Cheese, WG Breadsticks, Peas, Mixed Fruit, Milk.	Breakfast: Cheese Omelettes, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Waffles, Sausage, Hash Browns, Cucumbers, Strawberry Cups, Milk.	Breakfast: Breakfast Sandwiches, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Salad Bar, WG Biscuits, Mandarin Oranges, Milk.	Breakfast: Bagels, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Pepperoni or Cheese Pizza, Carrot Sticks, Peaches, Milk.
2/18	2/19	2/20	2/21	2/22
No School (Vacation)	No School (Vacation)	No School (Vacation)	No School (Vacation)	No School (Vacation)
2/25	2/26	2/27	2/28	3/1
Breakfast: Breakfast Breads, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Popcorn Chicken, Mashed Potatoes, Green Beans, Peaches, Milk.	Breakfast: Pancakes, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Taco Bowls, Salsa, Sour Cream, Cheese, Corn, Pineapple, Milk.	Breakfast: WG Donut Holes, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Meatball Subs, Steamed Carrots, Kiwi, Milk.	Breakfast: Breakfast Sandwiches, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: Salad Bar, WG Breadsticks, Applesauce, Milk.	Breakfast: Bagels, Cereals, Milk, Fresh Fruit, 100% Juice. Lunch: BBQ Chicken or Cheese Pizza, Cucumbers, Pears, Milk.

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