

# February 2019

## Galatia Grade School

### BREAKFAST



#### School Information:

Feb 1 – Midterm 3<sup>rd</sup> 9 weeks  
14 – Valentine's Day Parties 2:00 Dismissal  
15 – Half Day Inservice 11:30 Dismissal  
18 – Presidents Day NO SCHOOL



#### Nutrition Tip:

Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

4

Pillsbury Crescents  
Chocolate or Grape

5

Bacon Biscuit

6

Banana Bread Slice

7

Cereal with Pop Tart

8

Biscuit & Gravy

11

Cereal with Berry Muffin

12

French Toast Sticks

13

Breakfast Pizza

14

Cinnamon Roll

15

Dutch Waffle

18

No School

19

English Muffin  
With Sausage

20

Chocolate Bread Slice

21

Breakfast Sliders

22

Biscuit & Gravy

25

Cereal with Muffin

26

Bacon Biscuit

27

WG Long John Donut

Cinnamon Roll

