



# SICOMAC SCHOOL

## AFTER SCHOOL PROGRAM CLASSES

### FALL Session 2022



## WHO:

Sicomac School Students



## WHAT:

### WEDNESDAY THURSDAY

CHOPPED  
(K-5)

CHESS  
(K-5)



## WHEN:

3:30-4:30pm at Sicomac School - 8 Classes

**Wednesday:** (No 10/5), 10/12, 10/19, 10/26, (no 11/2), 11/9, (no 11/16),  
(No 11/23), 11/30, 12/7, 12/14

**Thursday:** 10/6, 10/13, 10/20, 10/27, 11/3, (No 11/10), 11/17, (No 11/24), 12/1, 12/8



## HOW:

Register Online at [wyckoffymca.org](http://wyckoffymca.org) or Call 201.891.2081

**Deadline to register is SEPTEMBER 21**

### AFTERCARE PARTICIPANTS ONLY:

If you are registering for a class and Aftercare on the **SAME DAY**,  
you are eligible to receive \$25 off the class price.

Enter **PROMO CODE: AFTERCARE25**

**CONTACT:** the

[LauraT@wyckoffymca.org](mailto:LauraT@wyckoffymca.org)



# CLASS DESCRIPTIONS:

**CHESS:** The focus is either to teach children how to start playing or reinforce basic rules and an understanding they may have already received elsewhere or in a previous semester. The class introduces elements of basic tactics (captures, but also forks, pins etc.), and strategy, as well as how to deliver simple checkmates.

**Cost: \$180**

**CHOPPED:** Learn how to make quick family style meals using seasonal ingredients such as Tomatoes, Pumpkin, Squash, Apples, Beans, Greens, Rice, and meaningful grains. Students receive recipes, learn how to prep properly, knife skills review, and plating how to's...but how they put their spin on a dish, that's the main objective! Let's get creative!.

**Cost: \$180**

**Register Today! Space is limited.**  
**ONLINE:** [www.wyckoffymca.org](http://www.wyckoffymca.org) **CALL:** 201.891.2081  
**QUESTIONS?:** [LauraT@wyckoffymca.org](mailto:LauraT@wyckoffymca.org)