

Wilmington Area Food Service

MIDDLE/HIGH SCHOOL MENU

February 2019

The menu is also available on the website at
www.wilmington.k12.pa.us.

Mon	Tue	Wed	Thu	Fri
Chicken Pattie, Pizza, Chef Salads & Meat Wraps Daily	4 oz Cup Veggies Daily Beets Carrot Stick Broccoli Garbanzo Beans			1 BBQ Rib Sandwich Broccoli Choice of Fruit Milk
4 Popcorn Chicken Salad w/Cheese & Fries Bread & Butter Choice of Fruit & Vegetable Milk	5 Cheeseburger Steamed Carrots Choice of Fruit & Vegetable Milk	6 Calzone Romaine Tossed Salad Choice of Fruit & Vegetable Milk	7 Breakfast For Lunch French Toast Stick w/Syrup Hash Brown Sausage Choice of Fruit Milk	8 Turkey Sub Baked Beans Choice of Fruit & Vegetable Milk
11 Soft Taco w/ Cheese, Meat Steamed Peas Choice of Fruit & Vegetable Milk	12 Tangerine Chicken Rice Broccoli Choice of Fruit & Vegetable Milk	13 Personal Pan Pizza Romaine Tossed Salad Choice of Fruit Milk	14 Chicken & Gravy over Mashed Potatoes Bread Choice of Fruit & Vegetable Milk	No School
No School	19 Nacho Supreme w/ Cheese, Meat ,Toppings Steamed Carrots Choice of Fruit & Vegetable Milk	20 Peperoni Pizza Stick Romaine Tossed Salad Choice of Fruit & Vegetable Milk	21 Chicken Strips Mashed Potatoes w/Gravy Bread Choice of Fruit Milk	22 Corn Dog Baked Beans Choice of Fruit Milk
25 Pulled Pork Sandwich Steamed Carrots Choice of Fruit & Vegetable Milk	26 General Tso's Chicken Rice Broccoli Choice of Fruit & Vegetable Milk	27 Meatball Sandwich Romaine Tossed Salad Choice of Fruit & Vegetable Milk	28 Breakfast For Lunch French Toast Stick w/Syrup Hash Brown Sausage Choice of Fruit Milk	

Breakfast Prices: (District Wide)			
Daily:	\$1.10	Weekly:	\$5.50
Reduced:	\$0.30	Weekly:	\$1.50
Lunch Prices:			
Elementary:			
Daily:	\$1.75	Weekly:	\$8.75
Reduced:	\$0.40	Weekly:	\$2.00
Middle School/High School:			
Daily:	\$2.00	Weekly:	\$10.00
Reduced:	\$0.40	Weekly:	\$2.00
Please make checks payable to: Wilmington Area Food Service			
\$Reduced:	\$0.40	Weekly:	\$2.00
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In order to qualify for a reimbursable meal, Your meals must include at least three of the main food items: Meat or meat alternate, Breads, AND MUST HAVE 1/2 CUP FRUIT OR VEGETABLE-Otherwise, regulations require an a-la-carte pricing. In addition to the menued items, the following will be available daily:

DAILY CHOICE OF FRUIT:

Fresh: When available
Apple, Pears, Bananas, Grapes
Canned: Peaches, Pears, Pineapple
Mandarin Oranges, Mixed Fruit
Applesauce