Conrad Weiser High School Monday, February 27, 2023 Day 4

Today's Entrée (select one): BBQ Ribs w/Mac & Cheese

Sides (select at least two): Stewed Tomatoes, Spinach Salad, Corn Bread

Milk (may select one): Assorted

Tomorrow's Entrée (select one): Hot & Spicy Chicken or Chicken Patty Sandwich w/L&T

Sides (select at least two): Mashed Potatoes, Fresh Broccoli w/Dip

Attention Students: The Conrad Weiser Pupil Services Department is excited to announce our 2nd Annual Job-Career Fair to be held on March 29th.

- 12:40 2:40 p.m. CW Juniors and Seniors ONLY
- 3:00 6:00 p.m.Open to all CW families and to the public

Get a head start on a summer job or seek opportunities for a new career. 30+ employers/career representatives will be present. Mental health personnel will be onsite to offer services to families, including the miniature horses from Take Heart Counseling and Equine Therapy. In addition, the CW Multicultural Club will host a Fair with food and activities to promote multicultural awareness.

Sports Results:

Early Dismissal for Sports						Dismiss	

SENIORS – Time to make your Class of 2023 Senior Best Selections. Access the Google form on the Class of 2023 Schoology page. Selections must be made by Wednesday, March 1st. See Mrs. Grajewski or Mr. Wert with any questions.

STUDENTS: Lebanon Valley College is having a Health & Biomedical Sciences Summer Camp, July 24-29, 2023. Through lectures and hands-on laboratory investigations in state-of-the-art labs, students will be introduced to the fundamentals of discipline such as molecular biology, neuroscience, pharmacology, immunology and other medical sciences. Visit https://www.lvc.edu/life-at-lvc/summer-community-programming/health-biomedical-sciences-camp/ for complete details.

ATTENTION JUNIORS: The Horatio Alger Association is awarding over \$200 million in scholarships to more than 35,000 deserving juniors. To be eligible, applicants must meet the following criteria: be enrolled as a high school junior in the United States, exhibit a strong commitment to pursue and complete a bachelor's degree at an accredited non-profit or private institution in the United States, demonstrate critical need, be involved in co-curricular and community service activities, display integrity and perseverance in overcoming adversity, maintain a minimum GPA of 2.0, and be a U.S. citizen. Visit https://scholars.horatioalger.org/about-our-scholarship-programs/, under National Scholarships to apply, with a deadline of March 15, 2023.

ATTENTION SENIORS: ADDITIONAL SCHOLARSHIP OPPORTUNITY-POLISH-AMERICAN BOARD OF EDUCATION OF BERKS COUNTY. Berks County seniors planning to attend college—who have documented proof of at least 25% Polish heritage and have been residents of Berks County for at least four years prior to the date of application and are enrolling in an accredited college seeking a four-year academic degree—are eligible to apply for this award. Information is available in the Counseling Office with a deadline date of March 24, 2023.

Attention JUNIORS! The JUNIOR class trip is scheduled for May 26th! We will be heading to Philadelphia for a lunch cruise down the Delaware River followed by a tour of the Eastern State Penitentiary! This is going to be a super fun day with your classmates! Tickets are \$60 and will be sold during all lunches March 8th-10th. A \$20 non-refundable deposit, along with the permission slip, secures your spot! The balance is due by April 12th! There are only 50 spots so don't wait! Permission slips can be found outside B104! Any questions see any Junior Class officer or Mrs. Witman.

Attention athletes: Physical paperwork is online this year!

- If you did not play a fall or winter sport, you and a parent must create accounts at www.planeths.com to complete all of your physical paperwork. You will need to print Sections 6 and 7 to take to your physician, then upload section 7. The physical must be dated after June 1, 2022!
- If you played a fall or winter sport, you will need to log on to your planeths.com account and complete Section 8, the Recertification (Spring). If an injury has occurred since the initial physical was done, you will need to also complete Section 9, have it signed by a physician, and upload it.
- If you did not play a fall or winter sport but already created your accounts at planeths.com to play a spring sport, you can check with Mrs. Bright (w bright@conradweiser.org) or Mrs. Sechrist (I sechrist@conradweiser.org) to see if you are already on the roster.

High school spring sports are scheduled to start on Monday, March 6th. Middle school spring sports are scheduled to start on Monday, March 13th. High school paperwork must be completed by Thursday, March 2. Middle school paperwork must be completed by Thursday, March 9. If you have any questions, contact Mrs. Bright or Mrs. Sechrist, ext. 6266, or at the above email.

Safe2Saypa.org or call 1-844-723-2729 or find the mobile app.

If it makes you uncomfortable, submit a tip. It will be up to your school to determine what the next steps are. Do you think someone is going to harm themselves? Did you see something scary that concerns you online? Submit this kind of thing.

Safe2Say Something is the easiest way to let someone know that there is a problem and let them handle it. The best part is, they will never know who it was that submitted it. It's that simple.