Today's Entrée (select one): Walking Taco
Sides (select at least two): Rainbow Pepper Strips cup, Rice w/Black Beans
Milk (may select one): Assorted

Tomorrow's Entrée (select one): Salisbury Steak
Sides (select at least two): Mashed Potatoes, Corn

ATTENTION SENIORS: Please see your **BLOCK 1 ODD DAY** teacher to approve your name as you would like it to appear on your diploma. Make sure you write your name to the right of your printed name as you want it.

Sports Results:

G V Basketball: CW (29) vs. Twin Valley (31)
B Basketball: CW (54) vs. Cedar Crest (64)

Early Dismissal for Sports   **Dismiss**

Mon	2/6	Coed Bowling	Governor Mifflin	A	3:30	2:15
		G V Basketball	Berks Catholic	H	6:00	
Tues	2/7	B V Basketball	Bishop McDevitt	A	5:30	
Wed	2/8	Coed Bowling	Exeter – Senior Night	H	3:15	1:45
Fri	2/10	JH Wrestling	Wilson Tom Ott Classic	A	TBA	
Sat	2/11	JH Wrestling	Wilson Tom Ott Classic	A	TBA	

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Signing Day for Conrad Weiser Athletes will be Friday, March 3rd at 2pm in the LGI. Any senior athlete who has committed to play a sport next year and wants to participate can pick up a bio sheet in the high school office. They must be returned to Mrs. Bright or Mrs. Sechrist in the high school office by Friday, February 24th!

Attention athletes: Physical paperwork is online this year!
- If you did not play a fall or winter sport, you and a parent must create accounts at www.planeths.com to complete all of your physical paperwork. You will need to print Sections 6 and 7 to take to your physician, then upload section 7. The physical must be dated after **June 1, 2022**!
- If you played a fall or winter sport, you will need to log on to your planeths.com account and complete Section 8, the Recertification (Spring). If an injury has occurred since the initial physical was done, you will need to also complete Section 9, have it signed by a physician, and upload it.
- If you did not play a fall or winter sport but already created your accounts at planeths.com to play a spring sport, you can check with Mrs. Bright (w_bright@conradweiser.org) or Mrs. Sechrist (l_sechrist@conradweiser.org) to see if you are already on the roster.

High school spring sports are scheduled to start on Monday, March 6th. Middle school spring sports are scheduled to start on Monday, March 13th. High school paperwork must be completed by Thursday, March 2. Middle school paperwork must be completed by Thursday, March 9. If you have any questions, contact Mrs. Bright or Mrs. Sechrist, ext. 6266, or at the above email.

Safe2Saypa.org or call 1-844-723-2729 or find the mobile app.
If it makes you uncomfortable, submit a tip. It will be up to your school to determine what the next steps are.
Do you think someone is going to harm themselves? Did you see something scary that concerns you online? Submit this kind of thing.
Safe2Say Something is the easiest way to let someone know that there is a problem and let them handle it.
The best part is, they will never know who it was that submitted it. It's that simple.

ATTENTION SENIORS: If you applied to a College via Common Application and/or **your college requires a MID-YEAR School Report/Transcript** please stop into the counseling office and complete the **PINK** mid-year transcript request form indicating you **need a mid-year report** so we can forward/upload your mid-year transcript and forms.

There will be a mandatory meeting for all students who wish to participate in the spring season of track and field. Please join Coach Jasmine Butterworth in the auditorium on **Tuesday, February 7th**, during PLT for important information regarding the upcoming season. If you cannot attend, please e-mail CoachJasmineB@gmail.com for more information.

Attention all softball players: Reminder! Our next open gym will be on **Wednesday, February 8th**, from 5:30-7:30 pm. See you then!

Attention Students: Are you looking for a job? Remember to check the Job Board outside of the Counseling Office as new opportunities are being placed there.