



[January 2019 Board Notes from Highland High School](#)

From Dr. Chris Becker, Principal- Semester II is underway and students and staff are back in action. We are excited to continue our efforts to support teaching, learning, and extra-curriculars. We hope you and your family had a great Winter Break. Please see information below regarding the practice SAT on March 1, the April PSAT/SAT Test on April 9, and the 5Essentials Survey. As always, please contact the HHS office with any questions, feedback, or concerns. We appreciate your continued support in making HHS the best it can be for students, faculty, parents, and community. Please see a recent [Highland News Leader](#) article regarding some of the great things happening at HHS as a result of dedicated faculty, staff, students, and community.

Attention Junior Parents: Practice SAT Test Fri., March 1-

HHS juniors will take the **practice SAT test on March 1** in preparation for the required **SAT Test on Tuesday, April 9**. An additional parent letter will be sent later in the term. See the notes below for more details:

- Encourage your 11th grader to spend time at home prepping with Khan Academy- <https://www.khanacademy.org/sat>
- Khan Academy offers free practice materials to prepare for the SAT
- English teachers have registered all juniors for Khan Academy prep & students have logins to practice
- Juniors will practice Khan Academy modules in English, math, & other classes during semester II

PSAT/SAT Test- Tues., April 9 for Freshmen, Sophomores, and Juniors- College & Career Day for Seniors-

- Freshmen and Sophomores will take PSAT & Juniors will take the SAT on Tuesday, April 9
- Parent letter coming later in semester
- Seniors have a *College/Career Day* on April 9 and will NOT attend school.



- We encourage Seniors to spend the day visiting their college or check out career opportunities. (This day does not count as one of the students' two College/Career Days.)

5Essentials Survey- The 2018-19 Illinois Parent Survey window will close on Feb. 15, 2019. Please see the link to complete:

<http://survey.5-essentials.org/illinois/survey/parent/>

Participation in the parent portion helps us understand conditions at our school and guides improvement. Your identity and survey responses will be kept completely confidential and will never be connected to you or your child. If you have any questions, please call *5Essentials Client Services* at 1-866-440-1874. Thank you in advance for your participation!

Social Media Info and Highland CUSD 5 App- Please check out the [Highland CUSD 5](#) and [HHS web pages](#). You may also download the district app to explore new capabilities and functionality. Links below provide communication tools for HHS and Highland CUSD 5.

HHS Smartphone App- [Apple App Store](#)

HHS Smartphone App- [Google Play](#)

HHS Twitter- <https://twitter.com/HHSbulldogsIL>

HHS Twitter Athletics- <https://twitter.com/HHSBulldogAD>

HHS Facebook- <https://www.facebook.com/Highland-High-School-IL-501479483667441/>

Highland CUSD 5 Facebook- <https://www.facebook.com/highlandcusd5/>

From Ms. Amy Boscolo, Assistant Principal/Athletic Director:

Winter Sports Update-

The Dance Team won their 7th consecutive Sectional Title and will compete in the IHSA State Dance Competition on Friday, January 25, with finals being held on Saturday, January 26.

Cheerleading enters competition at Sectionals on Saturday, January 26. The girls have earned 1st place at all 5 of their competitions this season.



Wrestling will compete in the MVC Conference Super Duals on Saturday, January 26, at Civic Memorial.

Boys Bowling had 5 members of the team qualify for Sectionals on January 21. Girls Bowling will be at Regionals on Saturday, February 2.

Boys and Girls Basketball are still competing in regular season play. Regional play will begin mid-February for the girls and late February for the boys.

Track and Field has begun their season and other spring sports will start at the end of February.

From Officer Chris Flake, SRO- Officer Flake visited with Mr. Elledge's Driver Ed. classes to discuss what to do if pulled over or involved in a traffic crash. Students had many questions on traffic laws. Officer Flake discussed the laws regarding the consumption of alcohol and driving under the influence. It was a great opportunity for students to learn how to handle situations they could encounter while driving and encourages good decisions behind the wheel.

From the School Counselors-Mary Jackson (Department Chair), Carrie Lieberman, and Amber Spaeth: In the month of December, 192 students signed in to see the school counselor individually. Of those students, 7.6% were freshmen, 14.1% were sophomores, 25% were juniors, and 53.3% were seniors. Students who signed in stated they were visiting counselors for the following reasons: 51.1% for Academic concerns, 27.6% for College/Career concerns, and 21.3% for Personal concerns. In addition to seeing students who walked-in the office, counselors also completed Early Graduate exit interviews, the 2019-2020 Academic Planning Guide, balancing second semester schedules, attending a Career and Technical Counselor Workshop, SWIC Partnership Day, and SWISCA Counselor Academy on mindfulness. Counselors continued to prepare forms and information to meet with students to gather course requests for the 2019-2020 School Year. National School Counselor Week is February 4-8, 2019. Please click the link to see the latest [SMORE newsletter](#)



From Natalie Propst, School Nurse- Just a friendly reminder that we are in the midst of flu season. Per the CDC, there are several steps you can take to protect your student and household from the flu, which include the following:

1. Obtain the flu vaccination, which is recommended for those 6 months and older.
2. Stay away from those who are sick.
3. Keep those who are sick with flu-like illnesses away from others, and keep those with illness home until fever free for 24 hours, without the use of medication.
4. Cover your mouth and nose with tissue when coughing or sneezing.
5. Wash hands often with soap and water, or alcohol based hand rub if soap and water are not available.
6. Avoid touching face (eyes, nose, and mouth).
7. Clean and disinfect surfaces that may be contaminated with germs with household disinfectants, according to label directions.

HHS Events and Happenings- Please see the following links for:

[HHS Important Dates](#)

[2018-2018 School Calendar](#),

[HHS Meetings, Assemblies, PLC calendar](#),

[Athletic Website](#), [FALL SPORTS](#), and [WINTER SPORTS](#)

Please note that dates, times, and activities are subject to change. If you have questions, concerns, or feedback, please contact HHS at 618-654-7131.

Educationally Yours,

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Highland High School · 1h
 HHS Varsity Takes 1st Place for the 5th Time

Highland High School Varsity Cheerleaders, coached by Angie Fears, earned their fifth 1st place honor of the season at the Mater Dei ICCA Invitational

The team competes again on Sat., Jan. 26 at the IHSA Sectionals at Edwardsville



Highland High School · 1h
 HHS Varsity Takes 1st Place for the 5th Time

Ms. Ott's chemistry class working on a chemical reactions lab. Learning by doing, experimenting, and problem solving.



HHS Librarian, Ms. Kati Richardson conducting a "Book Tasting" for students in Mrs. Himself's English class. Students are able to preview a variety of genres at each table. Great to see hard copy books still in... [See More](#)



Highland High School · 17h
 Congrats HHS Dance!



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Highland High School · 18h
 Congrats to the Dance Team who won their 7th straight Sectional Title today! Best of luck at State next week!!! ❤️

**HHS Dance Team
 Sectional Champions!**





Final from Mater Dei Tourney:
Highland 68-Mascoutah
62-3rd place finish for the
Bulldogs #618Hoops
@HHSBulldogAD



Highland Bulldogs
@HHSBulldogAD

Highland and O'Fallon start
now! It's the Championship
game of the Mascoutah
Tournament. #618hoops



Boys place
2nd in Silver
At
The Southern
Illinois Team
Challenge
In
Belleville



Girls place
2nd in Gold
At
The Southern Illinois
Team Challenge
In
Belleville

