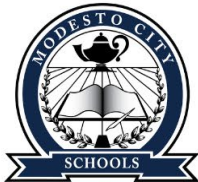




# **Modesto City Schools Wellness Triennial Assessment**



## Model Wellness Policy Comparison Results Template

Component	Description
<b>Tool used for Model LSWP Comparison:</b>	CSBA 5030 Comparison Tool
<b>Areas of Strength:</b>	<div>1. We follow the nutritional guidelines set forth in the policy.</div> <div>2. Physical education requirements are clearly communicated, and our audit indicates compliance.</div> <div>3. We have a District Wellness Committee that meets regularly and includes recommended staff.</div>
<b>Opportunities for Improvement</b>	<div>1. We can improve on the overall communication to the public on our wellness requirements and goals.</div> <div>2. We can improve communication to our staff about the importance of being positive role models and engaging in physical activity.</div> <div>3. We can improve by informing our staff that celebrations should occur after lunch when practical.</div>
<b>As a result of the comparison, was new language adopted in the LSWP?</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<b>If yes, briefly describe what was adopted</b> (include page numbers for new language if possible)	We need to adjust to the most current recommended language recommended by CSBA. This will go the Board for approval this summer.
<b>Describe next steps for strengthening your LSWP</b>	The committee will work on a communication and marketing plan that addresses the opportunities for improvement.

## Extent of Compliance for All Schools with the LSWP Template

Policy Area (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
<b>Nutrition Education/Physical Activity Requirement</b> Nutrition and physical activity (PA) education are taught using evidence-based curricula that are aligned with the National Health Education Standards and address the essential healthy eating and PA topics.		22/34	12/34
<b>Nutrition Education/Physical Activity Requirement</b> Teachers and other staff are provided with training on nutrition and PA education.			34/34
<b>Nutrition Promotion Requirement</b> The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and during the extended school day (including during out of school time/and before and after school) and will encourage participation in school meal programs.			34/34
<b>Other Student Wellness Requirement(s)</b> The district is committed to ensuring that the physical health needs of all students are met. The district will support students' physical health by ensuring students have access to highly qualified nurses or other medical professionals in the school setting (with			34/34

<b>Policy Area (Write the requirements included in your LSWP in the column below)</b>	<b>Not Met (Number of Schools)</b>	<b>Partial Compliance (Number of Schools)</b>	<b>Full Compliance (Number of Schools)</b>
<b>appropriate student to professional ratios) and referrals to and collaboration with community services as needed.</b>			
<b>Federal/State Meal Standards</b> All schools within the district will participate in the National School Lunch Program (NSLP) and School Breakfast Program (SBP) and will provide meals that meet the nutrition standards for school meals as determined by the U.S. Department of Agriculture (USDA).			34/34
<b>Foods Offered but Not Sold Standards</b> The district will ensure that all foods and beverages sold to students on the school campus during the school day support healthy eating, including those provided outside of the school meal programs. All foods and beverages sold outside of the school meal programs, during the school day will, at a minimum, meet Smart Snacks Standards.			34/34
<b>Food and Beverage Marketing</b> All foods and beverages marketed or promoted to students on the school campus during the school day and during the extended school day (including during out-of-school time/and before and after school) will meet or exceed Smart Snacks Standards			34/34

District LSWP Components	For the components below, indicate whether the district is in compliance.
<p><b>Public Involvement</b>  The district will actively communicate the ways in which representatives of the District Wellness Council, School Wellness Council, and others can participate in the development, implementation and periodic review and update of the LSWP.</p>	<input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No
<p><b>Public Notification</b>  The district will actively inform caregivers and the public each year of basic information about the LSWP.</p>	<input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No
<p><b>Triennial Assessment</b></p> <ul style="list-style-type: none"> <li>Once every three years, the district will assess the LSWP by completing the following:  Comparing district LSWP to a model LSWP</li> <li>Assessing the extent of compliance for all schools with the LSWP</li> </ul> <p>Assessing the progress made in attaining the goals of the LSWP</p>	<input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No

## Progress in Reaching LSWP Goals Template

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<b>Nutrition Education Goal(s)</b>	Partially	We have regimented grade levels where nutrition education is provided, however, we can increase emphasis by increasing staff awareness and strengthening health education in K-6.	Course outlines
<b>Nutrition Promotion Goal(s)</b>	Met	All sites have posters that are modified every 24 months	Site reviews.
<b>Physical Activity Goal(s)</b>	All students will receive their required physical	By sending information out to site administrators and having them properly account for required physical education minutes.	Review of teachers' schedules, interviews with principals.
<b>Other student wellness Goal(s)</b>	Met	At least 85% of students who receive social-emotional support will report personal benefits as outlined by the student survey	End of the Year Student Assistant Specialist Survey Data



## TEA Report to the Public Template

Target Audience(s)	Method	Date
<b>Staff Newsletter about results and emphasis for the upcoming years.</b>	E-mail	9/1/23
<b>Triennial Assessment</b>	Parent Square—Website	6/19/23
<b>Wellness Committee</b>	Meeting	10/17/23 12/12/23 3/12/24
<b>Healthy Eating and Physical Fitness</b>	Social Media	6/19/23