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Central Valley Recreation Opportunities

Society for the Handicapped <http://www.societyforhandicapped.org/>
1129 8th Street Modesto, Ca. 95354
(209) 524-3536

Society for the Handicapped is a privately funded organization that helps in providing recreation and general services for adults and children with disabilities. They participate in a variety of activities and services in the Central Valley.

Participants Served: All Physical and Cognitive Disabilities

Cost: Contact Supervisor

Yearly Activities offered include a bicycle riding camp, a Day on the Farm, waterskiing program, snowskiing program, and a golfing program.

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Choong Sil Kwan Do <http://www.choongsilkwan.com/>
1408 Carpenter Rd. Modesto, CA 95358
Contact: Mr. K (209) 918-0887

Choong Sil Kwan Do is a Martial Arts program focusing on self defense and self esteem.

Participants Served: Students with all Physical and Cognitive disabilities.

Eligibility: All are eligible over the age of three.

Cost: \$45 per month with unlimited classes (2 per week are suggested).

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Care-ousel Therapeutic Riding

<http://care-ousel.com>

P.O. Box 578621 Modesto, CA 95357-8621
(209) 869-3220 (209) 573-0441
Contact: Kim Kent

Therapeutic horseback riding is a special world that brings together horses, disabled children, and adults and caring volunteers. Care-ousel provides therapy for children and adults challenged with physical and/or mental disabilities through the power of human-animal bonding.

Participants Served: Students with Physical and cognitive disabilities.
Cost; Contact Supervisor (approx. \$25 an hour)

Destiny's Crutch Adaptive Riding Program

Oakdale, CA
Contact: Dessy
209-840-4848

Participants need to be at least 4 year's old

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McHenry Bowl

www.mchenrybowl.com

3700 McHenry Ave. Modesto, CA 95351
209-571-2695 Contact: Garrad Marsh

McHenry Bowl offers many bowling opportunities for people of all disabilities. Cost:
Contact Supervisor. Usually \$1.50 a game

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Dodge Ridge Ski Resort

<http://www.dodgeridge.com/site/adaptive.php>

PO BOX 1188, Pinecrest, CA

Contact: Gary Townsend (209) 965-3474

Dodge Ridge Ski Resort is located about an hour and a half from Modesto. They offer many types of adapted skiing. They have many different types of rental equipment for the benefits of all disabilities, as well as lessons for anyone with a disability.

Participants Served: Students with Physical and cognitive disabilities.

Eligibility: All students are eligible as long as they are over the age of 6.

Cost: \$79- Per 2 hour lesson

\$40-per extra hour

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Abilities First Youth Sports Camp <http://www.abilityfirstsports.org>

PO Box 4235 Chico, CA 95927

Director: Eric Snedeker, M.S., Admn. Cred., Ph D.

(530) 588-0335

Program Description: Wheelchair sports camp providing instructional/recreational sports opportunities to youth with physical disabilities.

Participants Served: Physical Disabilities

Eligibility Criteria: Ages 8-17

Cost: \$900 for room and board for entire week

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Stanislaus County Special Olympics

http://www.sonc.org/regions/region_ne_offices.html

400 12th St. #7 Modesto, CA 95354 Phone: 209-522-1544

Contact: John Wray

Eligibility Criteria: ages 8 and above

The Special Olympics provide athletic training and competition for people with developmental disabilities, allowing individuals to demonstrate to the world all they are capable of achieving.

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Howard Training Center www.howardtrainingcenter.com

1424 Stonum Road, Modesto, CA 95351 (209) 538-4000

Program Description: Vocational Training Program, transportation, Home placement

Participants served: Developmental Disabilities

Eligibility Criteria: 18+

Cost: Contact Center

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Modesto Parks and Recreation www.modestogov.com/prnd/activityguide

1010 Tenth Street, Suite 4400, Modesto CA 95358 209 – 577-5344
Contact: Julie G. Hannon

The city of Modesto offers a wide variety of instructional and educational classes, free programs, and special events. You can find out more by viewing the Activity Guide online.

Participants Served: Students with physical and cognitive disabilities are able to be served in many, but not all, of the offered programs.

Eligibility: Depends on age range and activity

Cost: Minimal. Modesto offers Leisure Bucks, financial assistance to those with disabilities. For an application, go here:

<http://www.modestogov.com/prnd/recreation/docs/leisurebuckyouth.pdf>

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Surfer's Healing <http://surfershealing.org>

P.O. Box 1267 San Juan Capistrano CA. 92693 (866) 647-HEAL
Camp Operator Jennifer Tracy - jennifer@surfershealing.org

Surfer's Healing exposes Autistic children to surfing to bring peace to their sensory system.

Participants Served: Autism

Eligibility Criteria: New campers get the spots first!

Cost: Contact Camp Operator

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Oportunidades de Recreación en el Valle Central

Sociedad para los Discapacitados <http://www.societyforhandicapped.org/>
1129 8th Street Modesto, CA. 95354
(209) 524-3536

La Sociedad para los Discapacitados es una organización con financiación privada que ayuda a proporcionar recreación y servicios generales para adultos y niños con discapacidades.

Participantes que reciben servicios: Quienes tienen discapacidades físicas y cognitivas

Costo: Contactar al supervisor

Las actividades anuales que se ofrecen incluyen un campamento de paseos en bicicleta, un día en la granja, un programa de esquí acuático, un programa de esquí en nieve, y un programa de golf.

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Choong Sil Kwan Do <http://www.choongsilkwan.com/>
1408 Carpenter Rd. Modesto, CA 95358
Contacto: Sr. K (209) 918-0887

Choong Sil Kwan Do es un programa de artes marciales que se enfoca en la defensa personal y la autoestima.

Participantes que reciben servicios: Quienes tienen discapacidades físicas y cognitivas
Elegibilidad: Todos son elegibles después de los tres años.
Costo: \$45 por mes con clases ilimitadas (se sugieren 2 por semana).

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Care-ousel Therapeutic Riding

<http://care-ousel.com>

P.O. Box 578621 Modesto, CA 95357-8621
(209) 869-3220 (209) 573-0441
Contacto: Kim Kent

La equinoterapia es un mundo especial que une a caballos, niños discapacitados, adultos y voluntarios caritativos. Care-ousel proporciona terapia para niños y adultos con retos físicos y/o discapacidades mentales por medio del poder del vínculo humano-animal.

Participantes que reciben servicios: Quienes tienen discapacidades físicas y cognitivas
Costo; Contactar al supervisor (aproximadamente \$25 por hora)

Destiny's Crutch Adaptive Riding Program

Oakdale, CA
Contacto: Dessy
209-840-4848

Los participantes necesitan tener por lo menos 4 años de edad.

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McHenry Bowl

www.mchenrybowl.com

3700 McHenry Ave. Modesto, CA 95351
209-571-2695 Contacto: Garrad Marsh

McHenry Bowl ofrece muchas oportunidades de boliche para personas con todas las discapacidades.

Costo: Contactar al supervisor. Usualmente \$1.50 por juego.

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Dodge Ridge Ski Resort

<http://www.dodgeridge.com/site/adaptive.php>

PO BOX 1188, Pinecrest, CA

Contacto: Gary Townsend (209) 965-3474

Dodge Ridge Ski Resort esta ubicado a una hora y media de Modesto. Ellos ofrecen muchos tipos de esquí adaptado. Tienen muchos diferentes tipos de equipo para rentar y para los beneficios de todas las discapacidades, al igual que lecciones para cualquier persona con una discapacidad.

Participantes que reciben servicios: Quienes tienen discapacidades físicas y cognitivas
Elegibilidad: Todos los estudiantes son elegibles siempre y cuando sean mayores de 6 años.

Costo: \$79- Per lección de 2 horas
\$40- por cada hora adicional

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Abilities First Youth Sports Camp <http://www.abilityfirstsports.org>

PO Box 4235 Chico, CA 95927

Director: Eric Snedeker, M.S., Admn. Cred., Ph D.

(530) 588-0335

Descripción del programa: Campamento de deportes en silla de ruedas proporciona oportunidades de deportes recreacionales/y de instrucción para jóvenes con discapacidades físicas.

Participantes que reciben servicios: Discapacidades físicas

Criterio de elegibilidad: Edades 8-17

Costo: \$900 alojamiento y alimentación por toda la semana

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Olimpiadas Especiales del Condado Stanislaus

http://www.sonc.org/regions/region_ne_offices.html

400 12th St. #7 Modesto, CA 95354 Teléfono: 209-522-1544

Contacto: John Wray

Criterio de elegibilidad: edad de 8 años en adelante

Las Olimpiadas Especiales proporcionan capacitación atlética y competencia para gente con discapacidades de desarrollo, permitiendo a individuos demostrarle al mundo que todos son capaces de realizar logros.

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Howard Training Center www.howardtrainingcenter.com

1424 Stonum Road, Modesto, CA 95351 (209) 538-4000

Descripción del programa: Programa de capacitación vocacional, transporte, colocación de hogar.

Participantes que reciben servicios: Discapacidades de desarrollo

Criterio de elegibilidad: 18+

Costo: Ponerse en contacto con el Centro

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Parques y Recreación en Modesto www.modestogov.com/prnd/activityguide

1010 Tenth Street, Suite 4400, Modesto CA 95358 209 – 577-5344
Contacto: Julie G. Hannon

La ciudad de Modesto ofrece una amplia variedad de clases educativas y de instrucción, programas gratuitos y eventos especiales. Pueden encontrar mas información consultando la guía de actividades en la Internet.

Participantes que reciben servicios: Estudiantes con discapacidades físicas y cognitivas pueden recibir servicios de muchos, pero no todos, los programas que se ofrecen.

Elegibilidad: Depende en la gama de edad y la actividad

Costo: Mínimo. Modesto ofrece “Leisure Bucks”, asistencia financiera para aquellos con discapacidades. Para una solicitud, ir al siguiente sitio:

<http://www.modestogov.com/prnd/recreation/docs/leisurebuck youth.pdf>

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Surfer's Healing <http://surfershealing.org>

P.O. Box 1267 San Juan Capistrano CA. 92693 (866) 647-HEAL
Encargada del campamento Jennifer Tracy - jennifer@surfershealing.org

Surfer's Healing expone a niños autistas a hacer surf y trae paz a sus sistemas sensoriales.

Participantes que reciben servicios: Autismo

Criterio de elegibilidad: Nuevos campistas obtienen primero sus lugares

Costo: Ponerse en contacto con la encargada del campamento