







Vanessa Garcia

Meet Your Student Assistance Specialists!

This year your Student Assistant Specialist are Vanessa Garcia and Brenda Pedraza. We both look forward to working with you and your student while we navigate through this school year.

What is a Student Assistance Specialist?

As Student Assistance Specialists, we work with students either individually or in small groups to assist them in developing coping skills on any life issue they may be facing such as anger, bullying, grief or academic problems. These sessions are designed to be short-term (6-8 weeks) and are designed to promote emotional and social learning. We are also available to facilitate classroom presentations on a number of topics. In addition, we can assist students, parents and school faculty in locating various community resources.

Contacting Your SAS

Vanessa is available **Monday through Friday** from **8:00am-4:00pm**, and can be reached at her agency voicemail at (209) 526-1476 ext: 380 or via email at: vgarcia@centerforhumanservices.org or Garcia.va@monet.k12.ca.us

Office is located in room 2B

Brenda is available **Monday through Wednesday** from **8:00am-4:00pm**, and can be reached at my agency voicemail at (209) 526-1476 ext: 309 or via email at: bpedraza@centerforhumanservices.org Office is located in room 2B