

Thomas Downey High School

Meet Your Counselors!

Leah Verderame



School Counselor
(A - E)

I earned my BA and teaching credential from Fresno State. I taught 3rd grade for 1 year, Home Economics at Downey for 9 years and am in my 16th year as a Downey counselor. I enjoy time with my family.

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☎ (209) 492-6812

Michelle Luz



School Counselor
(F - I & all AVID)

I graduated from CSU Fresno in 2005, with a B.S. in Psychology and a minor in Spanish. I stayed at Fresno State where I then graduated with my Master's in School Counseling in 2009. GO DOGS!! I've been at Downey for 6 years and the central coast is my happy place.

✉ luz.m@monet.k12.ca.us
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Daniela Tapia



School Counselor
(All EL Students)

I graduated from CSU, Stanislaus with a Master's in Education in 2020. I am passionate about mental health, helping students succeed, and including parents in the process. I love spending time with my family, traveling, and photography. Si tienen alguna pregunta, no duden en comunicarse conmigo.

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Leila Martinez



School Counselor
(J - Q)

I received both my Bachelor's degree in Psychology and my Master's degree in Counselor Education from CSU Stanislaus! I love traveling to new places, eating sweets and reading. It's my first year at Downey and I am so excited to be here! También hablo español si necesitan algo.

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Marysa Recinos



School Counselor
(R - Z)

I graduated with my MA in counselor education May 2020. I love hanging out with family watching Netflix, doing crafts and going to the beach. I am so excited to be continuing my counseling career here at Downey!

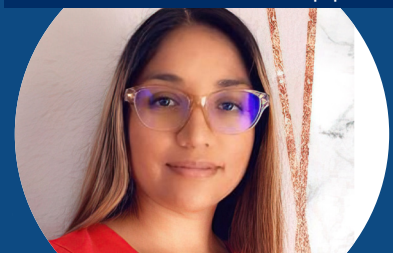
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