



Community Resources

Counseling Services

Center for Human Services	526-1440
Childrens Crisis Center	577-4413
Family Support Netwrok	847-5121
Havens Womens Center	577-5980
Parents United	524-4858
Sierra Vista Childrens Center	523-4573
Stanislaus Behavioral Health Center (SBHC)	525-6205

Drug & Alcohol Treatment

Center for Human services (Substance Use Program)	526-1440
Stanislaus Recovery Center	525-7411
Nirvana Drug and Alcohol Treatment	579-1151

24 hour Crisis Line

Child Abuse/Neglect (CPS)	800-558-3665
Adult Protective Services	800-336-4316
Emergency Mental Health Seervices	558-4600
Hutton House (Youth Crisis Line)	526-5544
Poison Control	800-972-3323
National Youth Crisis Line	800-843-2000

Food/Clothing

Riverbank Christian Food Sharing	869-3710
Oakdale Community Sharing	847-3401
Gospal Mission Modesto	529-8259
Interfaith Ministries	572-3117
Salvation Army	523-7577
CalFresh/ SNAP	558-5142
Women , Infants and Children	558-7377
United Samaritans (Turlock)	668-4853

Housing and Shelter

Community Housing and Shelter Services	527-0444
Gospel Mission	529-8259
Youth Navigation Center	526-1476
Womens Haven Center	577-5980
Housing Authority Of Stanislaus County	557-2000
American Red Cross	523-6451



“Providing Support to Promote Student Success”



Healthy Start Coordinator:

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209-574-1632

Healthy Start Program



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Programs and Services

Case Management

Assessment of student and family needs. Provide students and families support in accessing community resources so they are better able to focus on their personal, academic and career goals.

Mental Health Counseling and Support

On-site individual, family, crisis intervention, and group counseling services are provided by our Student Assistant Specialist. Support groups on a variety of topics are offered upon request and in response to student needs.

Substance Abuse Counseling

SU counseling is provided on-site for students as well as prevention education and referrals to outside agencies.

Referrals for Health Care and Basic Needs Assistance

Healthy Start assists students and families in accessing local resources for medical, dental, vision care as well as basic needs services (i.e. food, shelter, clothing, transportation, emergency financial assistance).

Tutoring, Mentoring & Dropout Prevention

Healthy Start staff links students to appropriate academic resources such as **academic counseling, after school tutoring, TRIO and Link Crew.**

Emergency Student Assistance

Healthy Start provides emergency clothing, food boxes, school supplies and bus passes for students in need.

A small clothes closet and food pantry is also maintained on-site to assist students who need warm clothes, food and personal hygiene products

All Services are Free and Confidential

Assistance in Spanish is available

Hablamos Español

If you would like more information about our services, or you are in a crisis situation and would like to see a Student Assistance Specialist please contact Downey Healthy Start at 209-574-1632. If a student expresses a desire to hurt themselves, please contact an administrator or Healthy Start immediately, we will respond quickly.

Helping Students Since 1998

Downey Healthy Start places emphasis on issues concerning young adults such as conflict resolution, anger management, substance abuse prevention and counseling, personal and career development and healthy decision-making.

Confidential counseling is provided on-site.

Programs targeted to the special needs of homeless students, pregnant, and parenting teens are also available.