

## **JULY ADULT MENU**

Orders must be emailed by 8:30 am to ensure timely delivery. Email <a href="mailto:heshunch@harrisonschools.com">heshunch@harrisonschools.com</a>
Please remember that we will try to honor your special requests, but they are not guaranteed.

Add These On To Any Lunch Order:

8 oz Cup of Soup – Broccoli Cheddar Cheese, Twice Baked Potato, or Chicken Noodle - \$3.00

Bottle of Pop or Water – Coke, Diet Coke, Pepsi, Diet Pepsi, Mt Dew, Diet Mt Dew, or Plain Water - \$1.50 Jumbo Chocolate Chip Cookie - \$1.50

## DAILY SPECIALS

\*Fresh Chef Salad

\*Chicken Caesar Salad

\*KETO – Cobb Salad with KETO Ranch

\*KETO – Lunchable

\*7" Personal Pizza - with two toppings
and a bag of chips

16" PIZZA – Our WHITE pizza crust is topped with your choice of toppings. Your choice of favorite toppings are pepperoni, ham, sausage, bacon, green olives, mushrooms, green peppers, onions, mild pepper rings, and pineapple

Monday	Tuesday	Wednesday	Thursday	Friday
Monday  BBQ Chicken Salad Part 2  Tender pieces of diced chicken, crisp corn kernels, black beans, quartered grape tomatoes, chopped celery, diced red onions, shredded mozzarella, and cheddar cheese are all placed on top of a bed of crisp romaine lettuce. This is served with a bag of Fritos, ranch dressing, and BBQ sauce  Chicken Fettuccine Alfredo A rich and creamy alfredo sauce is topped with plenty of garlic butter sautéed chicken before being placed on top of a tender bed of Italian seasoned fettuccini noodles. We smother it with parmesan cheese before placing steamed broccoli and an openface garlic hawaiian roll on the side	Tuesday  KETO Big Mac Salad  Try this low carb big mac salad that consists of fresh romaine lettuce, seasoned beef crumbles, diced cheddar cheese cubes, shredded cheddar cheese, diced sliced pickles, chopped red onions, and quartered grape tomatoes.  Homemade dressing is served on the side with KETO garlic bread  Roasted Red Pepper Club Sliders  Two hawaiian rolls are buttered and covered with everything but the bagel seasoning after being filled with sliced turkey, slices of crispy bacon, ham, and colbyjack cheese. These delicious mini sandwiches are baked in the oven before being packaged next to roasted red pepper mayonnaise, chips, and fresh grapes	Strawberry Chicken Salad A colorful combination of red-ripe strawberries, mandarin oranges, and pineapple tidbits is tossed with crisp romaine lettuce and tender spinach leaves. Poppyseed dressing, sweet cinnamon walnuts, and grilled chicken round out this yummy salad with a slice of sweet bread  KETO Bell Pepper Sandwich This new sandwich is delectable! We half a colored bell pepper and stuff it with cream cheese that has been mixed with everything but the bagel seasoning and garlic before being smeared on the inside with thinly sliced ham, provolone cheese, and leaf lettuce. This bell pepper sandwich is served with fresh berries	Thursday  Cottage Cheese, Fruit, and Vegetable Platter  A large cup of creamy cottage cheese is served with a fresh fruit salad made of raspberries, blackberries, and blueberries. We include baby carrots, celery sticks, broccoli florets, and cucumber spears, accompanied by ranch dressing for dipping and club crackers (sorry, we cannot omit any items)  Triple Decker PBJ We make your childhood favorite sandwich just a little better. This sandwich is made with Jif peanut butter, jelly, and three pieces of white bread. We pair this with a cookie and plain Lay's potato chipsdo you dare to add these chips to your sandwich?	Closed On Fridays