

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Robert M. Larson Elementary School, Harrison Middle School, Harrison Community High School, Harrison Alternative School, and Early

Childhood Learn/ Great Start Readiness Program

Month and year of current assessment: October 20, 2022

Date of last Local Wellness Policy revision: November 08, 2021

Website address for the wellness policy and/or information on how the public can access a copy:

Harrison Community School Website, Under Board Policies. Series 5000 further subdivided under 5700 listed as Student Health and Safety. Pages 12-14.

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Twice a year

School Wellness Leader:

Name	Job Title	Email Address
Sarah Kimball LPN	Harrison Community School Nurse	skimball@harrisonschools.com

School Wellness Committee Members:

Name	Job Title	Email Address
Judy Walton	Superintendent	jwalton@harrisonschools.com
Andrea Andera	Principal (Larson)	aandera@harrisonschools.com
Sandra Hargraves	Vice Principal (Larson/GSRP)	shargraves@harrisonschools.com
Jennifer Thrush	Principal (Harrison Middle School)	jthrush@harrisonschools.com
Stacy VanAntwerp	Dean of Students (HMS)	svanantwerp@harrisonschools.com
Joseph Ashcroft	Principal (HHS)	jjashcroft@harrisonschools.com
Deb Fleming-Dittenberg	Counselor at HHS and Alt Ed	dfleming@harrisonschools.com
Brad Carlstrom	Vice Principal (HHS/Alt Ed)	bcarlstrom@harrisonschools.com
Lacie Curns	Manager of Food Services	laciecurns@gmail.com
Kelly Lipovsky	Wellness Coordinator	klipovsky@harrisonschools.com
Bryanna Carter/ Lisa Hawley	Social Worker	bcarter@harrisonschools.com/lhawley@harrisonschools.com
Deana Houghton	Social Worker	dhoughton@harrisonschools.com

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- ☐ Michigan State Board of Education Model Local School Wellness Policy
- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education

Local Wellness Policy Assessment Plan

School Name: Harrison Community Schools

Date: 10/20/2022

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	– Verbal check-ins with staff to ensure compliance. – Teacher survey at end of school year.	Principal	Teachers, staff, students	Yes
Not allowing beverages with high sugar content during school hours.	a. Notification of students that these types of beverages (energy drinks, soda pop, etc.) are not allowed during school hours/ in class. b. teacher and administrative support for better choices.	2022-2023 school year	- Verbal check-ins for staff -questionnaire at end of term	Administration within each building	Teachers, staff, administration, and stakeholders	Nearly complete, likely to be complete by May 30, 2023
Water bottle fill station located with in each school buildings	a. Water fountains and water bottle fill stations available. b. Stakeholders encouraged to use stations	2022-2023 school year	Placement	Adminstration	Teachers, staff, administration, stakeholders	Yes

Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Students having the chance to participate in physical activities and encouraging students to choose active choices.	Encourage participation with Walk to School Day. Promote new sidewalk Safe School pathway. Outdoor activity days. Both structured and unstructured activity times.	Beginning of school year.	Was Walk to School Day promoted and participation noted? Are outdoor activity times held at each building? Are there activity times built in to school days?	Building administration with delegated staff assistance	Staff, administration, stakeholders.	Yes

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Promotion of the use and availability of the Mid Michigan School Based Health Clinic Services	a. Promotion through school based social media resources. b. Promotion with inclusion at open houses and other school based functions. c. Promotion through paper media, such as fliers.	Start of school year.	Was it promoted on school social sources? Was the SBHC provided space at open houses and functions? Were Fliers/handouts provided?	Administrative staff	Administrative staff, school staff and stakeholders	Yes

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Our schools will continue to have access to foods and beverages that comply with the laws and guidelines of USDA Nutritional Standards for meals and Smart Snacks.	Appropriate staff in the food services department will continue to monitor the progress and use of the USDA standards in relation to meals, beverages and snacks.	Continuous evaluation throughout school year	Food service manager and delegated staff are responsible to assure foods, beverages and snacks meet the requirements.	Food Services lead staff	Food services, staff and stakeholders	Yes

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Continue to support staff regarding the use of food items as incentives.	a. Providing alternative suggestions to non food items as incentives with staff. b. Include staff and stakeholders in incentive choices	Start of school yr	Verbally check in with staff to support choices other than food as incentives.	Building administrators	Staff members, administration, and stakeholders	Mostly complete, ongoing progress

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Continue to ensure only USDA and higher smart snacks are marketed on school grounds and activities	a. All fundraiser items that are food related must go first through administration for approval to assure standards are met. b. No non approved USDA snacks or food items are marketed at events or on schools grounds.	Throught out school year	Are standards being followed? Are fundraisers approved through administration? Is anything marketed that if food related and does not meet standards?	Building administrator s and food services	School administration, staff, and stakeholders	Yes and on going