

Regional School Unit #34 Food Service

Alton, Bradley, & Old Town

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Participation

Breakfast Participation			
School	Oct-17	Sep-18	Oct-18
AES	48.15%	44.68 %	46.16 %
LMS	29.53%	35.79 %	39.01 %
OTES	34.35%	32.99 %	36.17 %
OTHS	13.49%	12.02 %	16.35 %
VRS	25.43%	12.61 %	12.31 %

Lunch Participation			
School	Oct-17	Sep-18	Oct-18
AES	60.65%	47.60 %	51.82 %
LMS	38.02%	42.07 %	42.63 %
OTES	54.90%	57.83 %	59.82 %
OTHS	29.31%	29.09 %	30.30 %
VRS	51.81%	36.07 %	33.43 %

Interim Final Rule: Child Nutrition Program Flexibilities for Milk, Whole Grains, and Sodium Requirements

"This interim final rule extends through school year 2018-2019 three menu planning flexibilities currently available to many Child Nutrition Program operators, giving them near-term certainty about Program requirements and more local control to serve nutritious and appealing meals to millions of children nationwide.

These flexibilities include:

- Providing operators the option to offer flavored, low-fat (1 percent fat) milk in the Child Nutrition Programs;
- Extending the State agencies' option to allow individual school food authorities to include grains that are not whole grain-rich in the weekly menu offered under the National School Lunch Program (NSLP) and School Breakfast Program (SBP); and
- Retaining Sodium Target 1 in the NSLP and SBP.

This interim final rule addresses significant challenges faced by local operators regarding milk, whole grains and sodium requirements and their impact on food development and reformulation, menu planning, and school food service procurement and contract decisions. The comments from the public on the long-term availability of these three flexibilities will help inform the development of a final rule, which is expected to be published in fall 2018 and implemented in school year 2019-2020."

<https://www.fns.usda.gov/school-meals/fr-113017>

Sodium Level I and Calorie Requirements for School Meals (based on average for a 5-day week)

Breakfast	Sodium	Calories
K-5	≤ 540 mg	350 - 500
6 - 8	≤ 600 mg	400 - 550
9 - 12	≤ 640 mg	450 - 600

Lunch	Sodium	Calories
K-5	≤ 1,230 mg	550 - 650
6 - 8	≤ 1,360 mg	600 - 700
9 - 12	≤ 1,420 mg	750 - 850



LMS students had surprise when it came time to choose their fruit from the salad bar earlier this month. Kitchen Manager Sam and Assistants Desiree and Amy took the time to write fun messages (with food-safe markers!) on the banana peels. The fun fruit was quite “a-peeling!”

RSU #34 Eligibility

School Name	Enroll	Free	Free %	Reduced	Reduced %	Eligible	Eligible %
Alton Elementary School	45	21	46.67%	1	2.22%	22	48.89%
Leonard Middle School	319	127	39.81%	24	7.52%	151	47.34%
Old Town Elementary School	582	291	50.00%	42	7.22%	333	57.22%
Old Town High School	511	185	36.20%	58	11.35%	243	47.55%
Viola Rand School	48	24	50.00%	3	6.25%	27	56.25%
District Totals	1505	648	43.06%	128	8.50%	776	51.56%
Final Totals	1505	648	43.06%	128	8.50%	776	51.56%



Respectfully Submitted,
Stephanie A. Salley