



## **Spencer-Van Etten Central School District**

**District Office  
16 Dartts Crossroad  
Spencer, New York 14883  
(607) 589-7100  
FAX (607) 589-3010**

**Barbara J. Case  
Superintendent of Schools**

November 8, 2022

Dear Parents/Guardians and Spencer-Van Etten Community Members,

Earlier today, there was a health and safety issue involving a student at the Middle School. Staff acted quickly to assist the student and the student's parents were contacted immediately. No other students were involved in the incident. Families of students who witnessed the incident have been contacted directly and support services are being offered to students. We cannot share any confidential information related to the situation; we appreciate your understanding as we work through it.

The safety and wellbeing of all of our students remains our top priority and focus. As a small community, we realize that all children may be affected by such news. Below you will find community resources that may support your child and family as they process this situation. If you would like additional resources or need assistance for any reason, please do not hesitate to contact your child's counselor or principal.

Sincerely,

*Barbara J. Case*

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Superintendent of Schools

### **The following resources are available 24/7:**

#### **UHS CPEP: 1-800-451-0560 OR 607-762-2302**

Located in Binghamton, NY, you can call CPEP any time of the day or night for professional and confidential psychiatric advice. The 24-hour crisis service is staffed by highly-trained psychiatric nurses, social workers and paraprofessionals under the direction of a medical director/psychiatrist. All calls are free and confidential.

#### **National Crisis Text Line: Text HOME to 741741**

Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.

#### **988 Suicide & Crisis Lifeline: Call 988; Text 988; Chat 988**

988 connects the public to mental health crisis counselors who are part of the National Suicide Prevention Lifeline network. Call, text or chat 988 when you'd like emotional

support, are thinking about suicide, or are worried about a friend or loved one. Crisis counselors will listen to you, provide support and connect you to resources if necessary.

**Tioga County Mental Health**

1062 NY-38, Owego, NY 13827

M-F 9a-5p 607-687-4000

After hours – 607-687-1010

**Family Services of Chemung Mental Hygiene Crisis Services**

1019 E. Water St. Elmira, NY 14901

607-737-5369

In addition, **NY Project Hope** has an emotional support helpline (1-844-863-9314) with crisis counselors who are available from 8 am to 10pm daily. Talking with them is free, confidential, and anonymous. NY Project Hope also has a provider directory which can connect you with other local resources. For more information visit their website:

<https://nyprojecthope.org>.

Our website also contains information regarding mental health resources which is located under the Parent Tab. Available counseling resources are identified by county.