

Fort Walton Beach High School 2022 Cross Country Schedule

<u>Date</u>	<u>Meet</u>	<u>Location</u>	<u>Time</u>
8/1 Monday	First Day of mandatory Practice (after school practice begin August 10 th)	Same as summer runs	
8/13 Saturday	Josh Sprinkle Race – ALL REQUIRED TO RUN –	FWB Landing	7:30 AM
8/20 Sat	BYE WEEK		
8/26 Friday	Cecil Field Summer Classic Overnight meet top 8	Jacksonville, FL	6:45 PM
9/3 Saturday	Dolphin Dash	Panama City, FL	7:30 AM
9/10 Saturday ACT date	Gulf Coast Stampede – ALL	Pensacola, FL	7:30 AM
9/17 Saturday	Bale & Trial – overnight Varsity only	Jacksonville, FL	7:30 AM
9/24 Saturday	Kristine Lynn Invite – ALL	Santa Rosa, FL	5:00 PM
9/30 & 10/1 Fri & Sat	FLRUNNERS – (varsity only) SAT test date	Lakeland-Holloway Park	8:00 AM
10/8 Sat	FSU INVITATIONAL - Varsity/JV	Tallahassee - ARP	TBD
10/12 Wed	County Championship	Twin Oaks, FL	10 AM
10/15 Sat	Panhandle Championship	Panama City, FL	8:00 AM
10/17-10/22 TBD	District Championship - ALL	TBD	TBD
10/24- 10/28 TBD	Regional Championship (Varsity Only)	TBD	TBD
11/5 Fri	FHSAA State Championships (Varsity	Tallahassee-ARP	

Aug. 27th SAT date – no meet
Dec 3rd SAT date –season is over

July 16th – ACT
Dec 10 ACT date- season is over