# North Hills Health Center

A Service of Abington Memorial Hospital







# North Hills Health Center

The North Hills Health Center, a service of Abington Memorial Hospital, offers low cost, non-emergency medical care and services, as well as free support groups and educational programs. Our goal is to provide top-quality, multicultural health care for community members of all age groups.

The Health Center is conveniently located in the Glenside/North Hills community to better serve our patients.

# **Health Care Services**

Health care services are provided for you and your family including:



- Routine check-ups for infants, children, teens, adults and seniors
- Well and sick visits
- Immunizations for infants, children and adults
- Physical exams needed for school, work or driver's exam
- Care for chronic illnesses such as: diabetes, asthma and high blood pressure
- Comprehensive women's health care
- Referrals for specialty physicians, laboratory services and radiology testing

# **Health Education Services**

The North Hills Health Center offers free health education programs to encourage healthy lifestyles such as:

- Health screenings for men and women (cholesterol, blood pressure, cancer and diabetes)
- One-on-one nutritional counseling sessions
- Parenting education
- Abington Memorial Hospital's Diabetes Center educational, nutrition and counseling services
- Health and wellness resources geared toward special health concerns for African Americans and Asian Americans
- Social work services including medication and insurance assistance



# **Medical Costs**

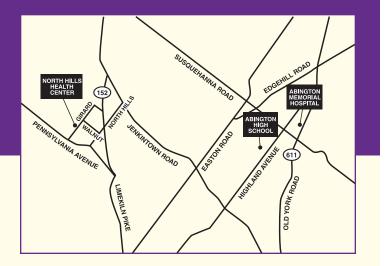
The North Hills Health Center accepts most insurance plans. For those without health insurance, low cost medical care is available. To find out more information about insurance coverage, please contact a staff member at (215) 572-0302.

## **Appointments**

Patients are seen by scheduled appointment. If you need to cancel or reschedule your appointment, please do so at least 24 hours in advance. To make an appointment, please call (215) 572-0302.

## **Emergency Care**

The North Hills Health Center does not provide emergency services. If you or a loved one has a medical emergency or needs immediate care, call 911 or go to the emergency department at the nearest hospital.



# **Directions to North Hills Health Center**

#### From Route 611

Take Susquehanna Road west to Highland Avenue and make a left turn. Continue on Highland Avenue (pass Abington High School on the right). Turn right at the traffic light – Jenkintown Road. Follow Jenkintown Road past the train station and make a left at the traffic light (North Hills Avenue). Continue on North Hills Avenue. Cross over Limekiln Pike and turn right at the first street (Walnut Avenue). Continue on Walnut Avenue until it ends – turn left on Girard Avenue. The North Hills Health Center is on the right in the North Hills Community Center Building.

A small parking lot and street parking are available.

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212 Girard Avenue Glenside, PA 19038 (215) 572-0302 www.amh.org

