



Central Scoop



January 2019

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Habit 8 - Find Your Voice

You're probably familiar with the 7 Habits from the Leader In Me program, but did you know that there's an eighth habit? It's usually not put with the other seven, but it is part of the Leader In Me program. The eighth habit is "Find Your Voice."

It is extremely important to find your voice. However, if you want to be heard, you have to be able to speak out. The eighth habit is usually left out of the 7 Habits, but that doesn't mean we should ignore it. Everyone's voice should be heard, so it's time to find your voice!



The big question is, how do you find your voice? There are lots of activities that can help you with public speaking. Did you know that public speaking is the second most common fear? Here are a few ways to help find your voice:

- 1) Speech Team - Speech is all about learning to speak in front of people. Joining speech can help you to become comfortable when speaking in front of others. At performance time, you will be speaking in front of a classroom-sized audience.
- 2) Drama - Similar to speech, you are learning to speak in front of people, but instead of memorizing a short skit, you are memorizing an entire play. You also speak in front of much larger crowds.
- 3) Presenting in Class - Present a project or paper in front of the class instead of having your partner do it all the time! This will build your confidence and will help you to become more comfortable speaking in front of crowds.
- 4) Raise Your Hand - Confidence is key! So, to build your confidence, raise your hand in class to practice talking in front of a smaller crowd. Then, speaking in front of a larger group of people won't seem quite as daunting. Plus, you won't feel as awkward. Don't forget: teachers love participation, so you might boost your grade a bit, too!
- 5) Solos - If you like to sing, audition for every solo, even if you don't expect to get it. When you sing by yourself in front of a whole choir room of people, speaking in front of an audience like that will seem so much easier in comparison! After you try out for a lot of solos, your confidence in your singing voice also improves.

Crazy Dates in January

- 1 - New Year's Day
- 2 - Run up the Flagpole and See if Anyone Salutes Day
- 3 - Festival of Sleep Day
- 3 - Fruitcake Toss Day
- 4 - National Spaghetti Day
- 4 - Trivia Day
- 5 - National Bird Day
- 6 - Bean Day
- 6 - Cuddle Up Day
- 6 - Feast of the Epiphany - Three Kings
- 7 - Old Rock Day

- 8 - Bubble Bath Day
- 9 - National Take the Stairs Day - second Wednesday of month.
- 10 - Bittersweet Chocolate Day
- 10 - Houseplant Appreciation Day
- 10 - Peculiar People Day
- 11 - Step in a Puddle and Splash Your Friend's Day
- 12 - National Pharmacist Day
- 13 - International Skeptics Day
- 13 - Make Your Dream Come True Day
- 14 - Dress Up Your Pet Day
- 15 - National Hat Day
- 16 - Appreciate a Dragon Day
- 16 - National Nothing Day
- 17 - Ditch New Years Resolutions Day
- 18 - Thesaurus Day
- 18 - Winnie the Pooh Day -The Birthday of Winnie's author A.A. Milne
- 19 - National Popcorn Day
- 19 - National Tin Can Day
- 20 - National Buttercrunch Day
- 20 - National Cheese Lover Day
- 20 - Penguin Awareness Day
- 21 - Martin Luther King Jr. Birthday, celebrated on the third Monday of January
- 21 - National Hugging Day
- 21 - Squirrel Appreciation Day
- 22 - National Blonde Brownie Day
- 23 - National Pie Day
- 23 - National Handwriting Day
- 23 - Measure Your Feet Day- we only ask...."Why!?!"
- 24 - Compliment Day
- 25 - Opposite Day
- 26 - Australia Day
- 27 - Chocolate Cake Day
- 27 - Punch the Clock Day
- 28 - Bubble Wrap Appreciation Day - last Monday of month
- 28 - Data Privacy Day
- 28 - Fun at Work Day
- 28 - National Kazoo Day
- 29 - National Puzzle Day
- 29 - National Corn Chip Day
- 30 - National Inane Answering Message Day
- 31 - Backward Day
- 31 - Inspire Your Heart with Art Day



Book Suggestions

The Lunar Chronicles

By Marissa Meyer

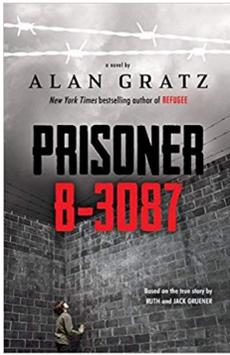
Genre: Fiction (Fantasy & Dystopian)

A.R. Level: 5.8 - 6.1

Points: 7.0 - 33.0

The Lunar Chronicles follow Cinder (Cinderella), Scarlet (Red Riding Hood), Cress (Rapunzel), Winter (Snow White), and other enchanting fairy tale characters throughout their twisted journeys in a new, futuristic dystopian world. They fight everything from dark, long-lost secrets to Queen Levana, in hopes of saving the world. The question is--is that even possible at this point?





Author: Alan Gratz

AR Points: 7 points

Reading Level: 4.9

Genre: Biographical Fiction

This book follows a Jewish boy as he survives the holocaust. This is based off of a true story of Jack Gruener. The book follows him as he works through ten concentration camps. Jack, or as the book says, Yanek struggles constantly to stay alive and also struggles with identity as his life is taken away from him.



Student Spotlight

The following fifth graders were chosen for the student spotlight because of their hard work. They are Ainsley Yehl, Cami

Barth, Isaac Reetz, Morgan Clarke, Nevae Araujo, Britt Bentley, and Gabe Dumitru. Good work!

Staff Spotlight

The fifth grade students have chosen these teachers to be in this month's staff spotlight: Mrs. Borlin and Mrs. A. Uftring. They said these teachers were good at explaining the information and they really cared about the students' education. Congratulations!

Extra-Curriculars

Dance Team - Central's Dance Team performs at all of the 8th grade boys' basketball home games. They have learned six routines so far and are doing great. Come to the games to support them!

Ellie Reetz interviewed Lauren, another dancer on the team.



Ellie: What is your favorite part of dance team?

Lauren: I don't have a favorite. It's all fun!

Ellie: Which dance is your favorite?

Lauren: I think I can speak for all of the dancers when I say "This Is Me".

Ellie: I agree. What do you think makes that dance so fun?

Lauren: The song. The hats. The outfit. The dance.

Ellie: Which costume is your favorite?

Lauren: Probably "This Is Me," but I love all the outfits with the sparkles.

Narrative

***Something Unknown* by Ellie Reetz and Lilly McGreevy**

This new world was the future. Instead of candle lamps outside buildings, incredible bulbs lit up the streets. Instead of transportation by horse and donkey, these people rode in cars. Cars that moved without something pulling them. I quickly learned what a cell phone was. I learned all kinds of things in the year I spent in the future.

I would take these things back to the past with me.

Fun Facts

- January is national soup month (Ramen counts too).
- Before Julius Caesar added a day, January only had *thirty* days.
- It used to be believed that January second was the unluckiest day of the year.
- The name January comes from the god Janus, god of doors.
- The month of January, along with February, did not originally exist in the calendar; they were added in the roman calendar.

Jokes of the Month

~ **What did one plate say to the other plate?**

Dinner is on me!

~ **What animal is always at a baseball game?**

A bat.

~ **Why didn't the skeleton go to the dance?**

He had no body to dance with.

This Month's Poll

Click <https://linkto.run/p/VTWCTXM1> to vote.

Click <https://linkto.run/r/VTWCTXM1> for results.

Comic





Current Events

World News

- Trump is pushing for a peace deal between Kosovo and Serbia.
- Lion Air flight 610's black box has been found 2 months after the crash. While it is a good sign, it was found broken in two pieces.
- An attempted mortar strike on the U.S. embassy in Baghdad failed.

U.S. News

- Many accusations of false information have been made about the Muler Russia investigation, while none have been made about the Clinton investigation, despite reports of false witnesses.
- The government is in a state of shut down after Trump's demands for the border wall have not been met. However, with the new Democratically controlled House of Representatives, this is most likely not going to happen.