

Cassia County Joint School District NO. 151 will provide instruction in comprehensive health education to all students, grades kindergarten through twelve (K-12), consisting of planned, sequential learning experiences that assist students in acquiring knowledge, understanding, attitudes and practices regarding personal, family and community health issues. The curriculum will be aligned to the Idaho Health Content Standards and will focus on positive health habits. The district's health curriculum will include instruction in physical fitness as required by Idaho law.

Students in grades nine through twelve (9-12) are required to take at least one (1) credit of Health/Wellness. As part of the health/wellness course offered by the district, students will receive a minimum of one (1) class period on CPR training as outlined in the American Heart Association Guidelines for CPR, to include the proper utilization of an automatic external defibrillator (AED).

**LEGAL REFERENCE:****Idaho Code Sections:**

33-506 – Organization and Government of Board of Trustees

33-512 – Governance of Schools

33-1605 – Health and Physical Fitness; Effects of Alcohol, Tobacco Stimulants and Narcotics

33-1608 et seq. – Family Life and Sex Education – Legislative Policy

33-1612 – Thorough System of Public Schools

IDAPA Sections: 08.02.03.10-Other Required Instruction

08.02.03.105 – High School Graduation Requirements

08.02.03.160 – Safe Environment and Discipline

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