



Greenwood Volleyball Guidelines

2022

Player Needs

- ▶ Volleyball shoes. “Running” shoes are NOT a good choice.
 - ▶ Stay with school colors (White/Red, White/Black, White/Grey)
- ▶ Knee pads
 - ▶ Purchase your own or purchase from school.
 - ▶ Black or white only
- ▶ **Black** 4” spandex **Must be at least 4 inches** for matches.
 - ▶ Purchase your own.
- ▶ All WIAA physical/alternate year cards, athletic codes, concussion screening and paper work turned into office.

Role of Athlete

- ▶ Student first, athlete second
- ▶ Attendance is mandatory to play.
 - ▶ Playing time will decrease or be lacking if you are not at practice.
- ▶ Proper conduct is always expected.
 - ▶ Unfortunately we live in a society that can judge us unfairly, so conduct yourself in a proper manner at all times.
- ▶ I strongly encourage player to return home on the bus from away games.
 - ▶ We allow athletes to leave with a **parent/guardian** after signing out with the coach.
- ▶ **Uniforms are NOT to be worn to or from matches.**
- ▶ Clean up after yourselves and teammates
- ▶ **Respect** takes are of everything.

Role of Parent/Guardian

- ▶ Family comes first. Please let me know **ahead of time** if there is a conflict with a family function.
- ▶ Discussing issues. I ask that your daughter attend as well.
- ▶ If you have an issues with coaching, the principal, Mr. Green will be your next step.
- ▶ Make sure your daughter is getting plenty of food, water, and sleep.

Role of Coaches

- ▶ We will push you, but never intentionally hurt you physically or emotionally.
- ▶ We will give our all as long as it's wanted.
- ▶ We will work with you to make you better.
- ▶ C-Team/JV levels, all girls will see playing time. It will not be equal.
- ▶ Varsity plays to win. The best six will be on the floor.
 - ▶ I will put the girls in the position to give us the best chance for success for the individual and team.
- ▶ We will do our best to teach volleyball in a competitive atmosphere with fair and honest play.
- ▶ We can help make you a better volleyball player and potentially a better person, but we **CAN NOT** make you more talented than somebody else.

Sign and Return

- ▶ Please sign and return the Player/Parent Contract to Coach Mayenschein
- ▶ Any question/concerns please let me know.