Hello Wildcats!

This letter is to inform you of some timely information regarding middle school athletics. The following programs and athletes are directly affected:

Cross Country / Girls Basketball / Football / Boys Basketball / Cheerleading / Volleyball / Track / Baseball

Physicals: Sports physicals are required for athletes to participate per WIAA regulations. A sports physical is valid for two years. Please check your records to make sure that your athlete's sports physical is still valid. Please submit a copy of the sports physical to the school office. Also, check the flyer included with this communication regarding sports physicals available for free at the Endicott School on August 19th from 9am-1pm.

Final Forms: All other forms necessary for participation can be found on Final Forms. Our Sports Board has made it clear that all athletes in high school AND middle school are now required to register in Final Forms in order to participate. (finalforms.com) If you have any questions regarding Final Forms you can contact Mr. Ray (bray@sjeschools.org) or Mr. Gates (jgates@lacrossesd.k12.wa.us). Hopefully we can help you. Several of our Wildcat athletes are already registered in Final Forms. Final Forms makes your digital paperwork quite simple. And, thank you for those of you already in the system. Much appreciated!

Practices: Cross Country, Girls Basketball, and Football practices begin on the first day of school, August 28th. Please make sure all of the above is taken care of so that your Wildcat athlete is cleared for participation.

Schedules: Schedules for Middle School Girls Basketball and Middle School Football are included with this letter. The Middle School Cross Country schedule will not be available until after the school year starts.

Important meeting: A parents / athletes / coaches meeting is being held at the Endicott School on August 10th at 7pm. This is an opportunity to meet the coaches as well as ask any questions regarding high school AND/OR middle school sports. The middle school sports included in this meeting are as follows: FOOTBALL, GIRLS BASKETBALL, CROSS COUNTRY, CHEERLEADING, BOYS BASKETBALL. Hope to see you there.

Again, any questions? We can be reached at <u>bray@sjeschools.org</u> --OR-jgates@lacrossesd.k12.wa.us

GO WILDCATS!!!!

Billy Ray, Jr. Jeff Gates Middle School Athletic Directors