

## Senior Programs & Services

- ✍ **All Senior Homes .Com**
  - Online guide to local assisted living, skilled nursing & special needs.
  - [www.allseniorhomes.com](http://www.allseniorhomes.com)
  - 1-800-991-9257
- ✍ **Los Banos Arts Council**
  - 826-0489
- ✍ **Community Center Senior Programs**
  - Arts, Crafts, Quilting, Cards, Macho, Bingo
  - 7<sup>th</sup> & G Street 827-7046
- ✍ **Golden Age Club (\$8 membership)**
  - Day Trips, cruises & more
  - LB Community Center 827-7034
- ✍ **Health Insurance Advocacy (HICAP) & Legal/Notary Services\***
  - Free to Seniors Community Center (9am-3pm) once monthly
  - Appt. only 209-385-7550
- ✍ **Merced Community College-L.B. Campus**
  - Lifelong Learning, Write your memoirs, Great Decisions (Foreign Policy discussions), Basic Computer Skills & more.
  - 22240 HWY 152, LB 826-3495
- ✍ **Merced County Community Action Agency**
  - Hot Lunch & Fun \$2 Weds 11:30
  - LB Community Center - 60 & older
  - 24 hr advance reservations  
723-4565 ext. 1121
- ✍ **PG&E**
  - CARE & Weatherization
  - Discounted monthly rates
  - 1-800-933-9555

## Youth Programs & Services

- ✍ **Community Center Youth Programs**
  - Basketball, computers, games, study
  - 7<sup>th</sup> & G Streets 827-7034
- ✍ **Head Start Pre-school**
  - 805 Texas Ave. 827-5696
- ✍ **KSL Inc. – Gang and Drug use information for parents and kids**
  - 209-917-0499
- ✍ **LB & Pacheco High Schools**
  - 30 clubs- Avid, FFA, GSA, Interact, MESA,
- ✍ **LB School District (school sites)**
  - Assistance with out-of-control students, Pre-school, Psychologists, Free or reduced student meals
  - LBUSD office 826-3801
  - <http://www.losbanosusd.k12.ca.us/>
- ✍ **Merced Community College-L.B. Campus**
  - Vocational Training, AA degree & transfer programs, financial aid, tutoring, disabled students assistance
  - 22240 HWY 152, Los Banos  
<http://www.mccd.edu/>
- ✍ **Merced County Mental Health**
  - Westside Transitional Center
  - 40 W G St. Los Banos
  - 710-6100
  - **24 hour Hot line 381-6819**

California Youth Crisis Hotline [209-381-6800](tel:209-381-6800)

*Other Brochures Available:  
Annual Events & Positive Pastimes*

Contact: [shirley.napolitano@losbanos.org](mailto:shirley.napolitano@losbanos.org)

## Assistance & Program **RESOURCES**




# LOS BANOS

### The ABC's...

Abuse & Assault  
Addiction Treatment  
Church Assistance  
City Volunteers  
Employment Training &  
Job Search  
Energy & Utilities  
Assistance  
Food & Meals  
Housing Assistance  
Medical, Dental &  
Psychiatric  
Senior Programs &  
Services  
Youth Programs &  
Services



## Start Here...

## Abuse and Assault


-  **Salvation Army\***
  - Domestic Violence Assistance & Counseling
  - 1231 4<sup>th</sup> St. 827-4945
-  **Valley Crisis Center\***
  - Sexual Assault & Domestic Violence
  - 24 hr. hotline/Safe house for women and children
  - 545 J St. LB 725-7900
-  **Westside Family Service Center\***
  - 635 J St. LB 710-6250
  - Adult, Child (CPS) and Elder Abuse and Neglect
  - Licensed Counselors, Full range of services

\* Legal Assistance Available





## Addiction Treatments

-  **R.A.F.T**  
Recovery Assistance For Teens (family)
  - Certified counselors
  - 40 G St, Suite C. 710-6100
-  Westside Community Counseling Center  
Transition Center offers counseling, money management, job hunting, social activities.
  - 40 G St. Los Banos 710-6100



## Church Assistance Programs

-  **See Los Banos Phone Book Yellow Pages. Many Churches offer...**
  - Addiction programs
  - Personal support groups
  - Referrals



## City Volunteer Opportunities

-  **PAL / VITAL / Animal Shelter**
  - 827-0603
-  **Community Center- Elaine Post**
  - 827-7000 x146
-  **Los Banos Fire Dept. 333 7<sup>th</sup> St.**
  - 827-7025
-  **Friends of the Library/Adult Literacy**
  - 826-5284







## Employment Training & Job Search

-  **Employment Development (EDD)**
  - 1075 H St.
  - 829-1414 or 826-4970
-  **Worknet**
  - Assist business/ individuals
  - Corner of 7 & H St. 826-0636

## Energy & Utility

-  **PG&E Low & Fix Income & Medical Baseline Assistance**
  - 940 I St. 1-800-933-9555
-  **Salvation Army**
  - 1231 4<sup>th</sup> St. 827-4945

## Food

-  **Commodities Supp. Food (Monthly)**
  - Day 3 Church
  - 510 I St. 826-1072
-  **Human Services Agency**
  - 415 F St. 826-1821
  - Food Stamps, Cash Aid, Welfare
-  **Manna Ministries**
  - 1031 Iowa St. 826-1992
  - Free meal Sundays at 5pm
-  **Bethel Community Church**
  - 415 I St. 827-0797
  - Please call for information
-  **Salvation Army**
  - 1231 4<sup>th</sup> St. 827-4945
  - Tortillas/sweets M-F 9-10am
  - Food Assistance with Referral
-  **WIC (Woman, Infants, Children)**
  - 340 W. I St. 826-8128
  - Vouchers to buy healthy food
  - M-F 7am-6pm







**Please note:** A listing in this directory does not constitute an endorsement or a recommendation of any program or service. It is provided solely as service to Los Banos residents and community professionals.

We appreciate your comments, suggestions and additions, especially since we cannot claim to have listed every service or program.




Contact: [shirley.napolitano@losbanos.org](mailto:shirley.napolitano@losbanos.org)

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## Housing

-  **All Senior Homes .Com**
  - Guide to local assisted living, skilled nursing & special needs
  - 1-800-991-9257
-  **City Redevelopment**
  - Home Rehab & GAP Loans
  - Office Space & Business Loans
  - Elaine Post 827-7000 x146
-  **Housing Authority**
  - 826-1813
-  **Habitat for Humanity**
  - Low income home ownership
  - Call 826-4706
-  **Merced County Community Action Agency**
  - Foster youth housing
  - Emancipated youth housing
  - Los Banos- 723-4565
-  **Salvation Army\***
  - 1231 4<sup>th</sup> St. 827-4945
  - Crisis situation assistance shelter

## Medical, Dental and Psychiatric

-  **Golden Valley Health Centers**
  - 821 Texas St. 826-1045
  - Dental 826-1094
  - Optometry Services
  - Behavioral Clinicians and Psychiatrists
-  **Memorial Hospital LB**
  - 520 W. I St. 826-0591
  - Boot Camp for dads
  - Childbirth and parents
  - CPR, First Aid, BLS health care certify, Support Groups for Cancer, Grieving & Adult Diabetes
-  **Rural Health Clinic**
  - 400 W. I St. LB 710-6085
  - Mon-Sat 9am-9pm