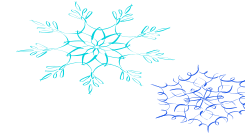
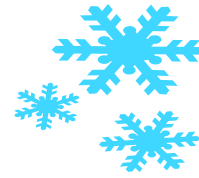



HGS LUNCH MENU

JANUARY, 2019



	1 NO SCHOOL WINTER BREAK	2 NO SCHOOL TEACHER IN-SERVICE	3 Chicken & Cheese Crispito Chips Lettuce & Salsa Refried Beans Fruit Milk	4 Corn Dogs Apple Glazed Sweet Potatoes Peas Cookies Fruit Milk
7 Biscuits & Gravy Hash Browns Greens Beans Fruit Milk	8 Popcorn Chicken Baked Beans Cucumber Slices Red Bell Peppers Fruit Milk	9 Hot Roast Beef & Cheddar Sand. Curly Seasoned Fries Salad Cherry Tomatoes Fruit Milk	10 Chili & Crackers Cinnamon Rolls Baby Carrots Broccoli Florets Fruit Milk	11 Breaded Chicken Sandwich Lettuce & Tomato Ranch Potato Wedges Fruit Milk
14 Hamburger on a Bun Fries Lettuce & Tomato Fruit Milk	15 Macaroni & Cheese Little Smokies Baked Beans Baby Carrots Fruit Milk	16 Chicken & Noodles Mashed Potatoes Roll Salad Fruit Milk	17 Rock & Roll Beef Wraps Cheese Cucumber Slices Cherry Tomatoes Fruit Milk	18 Sloppy Joe on a Bun Roasted Red Potatoes Salad Broccoli & Cheese Fruit Milk
21 NO SCHOOL Collaboration Day	22 Beef Patty Mashed Potatoes & Gravy Green Beans Roll Fruit Milk	23 Grilled Chicken Wrap Spanish Rice Lettuce & Cheese Cherry Tomatoes Fruit Milk	24 Pulled Pork Sandwich Baked Beans Cole Slaw Baby Carrots Fruit Milk	25 Chicken Tetrizzini Garlic Bread Salad Broccoli Fruit Milk 
28 Teriyaki Chicken Bowl Brown Rice Peas Red Bell Peppers Fruit Milk	29 Homemade Pepperoni Pizza Cooked Carrots Broccoli Florets Fruit Milk	30 Taco Burgers Refried Beans Lettuce & Cheese Salsa Fruit Milk	31 Chicken Alfredo Salad Green Beans Garlic Bread Fruit Milk	USDA prohibits discrimination in the administration of its programs. To file a complaint, write to the Secretary of Agri- culture, Washington DC 20250