QUEEN CITY ISD PAID AND REDUCED PRICE MEAL PRICES

& MEAL COMPONENTS

SCHOOL YEAR 2022-2023

**QCISD BREAKFAST:** all students are offered at least four (4) items; elementary students are required to tak all four(4) items; all other students are required to take three (3) items but are encouraged to take all four (4). One (1) of the items MUST be a fruit or vegetable offering. QCISD offers a choice of one main breakfast item or cereal; both items come with a fruit, juice and milk choice.

**QCISD LUNCH:** all students are offered at least five (5) items; elementary students are required to take all items offered; all other students are required take at least three (3) items, but are encouraged to take all items offered. One (1) of the items MUST be a fruit or vegetable offering. JKH Elementary offers one (1) main lunch entrée item and fruit, vegetable, grain and milk. MUMS & QCHS often offer a choice from occasionally two (2) main lunch entrée items (but usually one main lunch entrée) and fruit, vegetable, grain and milk choices. MUMS & QCHS also offer a baked potato, a chef salad or a sandwich as a main lunch item with choice of vegetables, grain, milk and fruit served that day (the baked potatoes and chef salads are not guaranteed to be offered every day).

\*At least 80% of all bread items are whole grain rich and MAY have a meat, vegetable or fruit item offered to go with them.

\*All fresh fruits served are purchased weekly and all canned fruits are packed in light syrup or their own natural juices.

\*All juices served at breakfast or lunch are 100% juice.

\*A choice of 1% unflavored milk or fat free flavored milk is offered at each meal every day. (Lactose Free milk is also available for students who are lactose intolerant)

**\*All menu items are subject to availability.**

\*All menus are compliant with USDA guidelines.

ELEMENTARY ALL FREE

3-yr old—4th grade ~~$1.70 / Breakfast $2.80 / Lunch~~

Reduced ~~$0.30 / Breakfast $0.40 / Lunch~~

MIDDLE SCHOOL

5th—8th grade $1.70 / Breakfast$3.00 / Lunch

Reduced $0.30 / Breakfast $0.40 / Lunch

HIGH SCHOOL

9th—12th grade $1.70 / Breakfast $3.10 / Lunch

Reduced $0.30 / Breakfast $0.40 / Lunch

\*Queen City ISD is an equal opportunity provider.