Arkansas School for the Blind and Visually Impaired—Supper Menu for January 2019

Students must take 1/2 cup fruit or 1/2 cup vegetable plus two other items. Menu items subject to change based on availability of stock. The USDA and the Arkansas School for the Blind are equal opportunity providers and employers.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SUNDAY
				6 Fresh Fruit and Vegetable Bar Meatballs Twice Baked Potato Green Beans Roll Cheesecake Milk
7 Fresh Fruit and Vegetable Bar Butterfly Shrimp or Leo's PBJ Crispy Fries Creamy Coleslaw Hushpuppies Sherbet Milk	8 Fresh Fruit and Vegetable Bar Beef Fingers Homestyle Macaroni and Cheese Seasoned Green Beans Roll Cake Milk	9 Fresh Fruit and Vegetable Bar Southern Style Fried Chicken Mashed Potatoes Green Peas Rolls Mousse Milk	10 Fresh Fruit and Vegetable Bar Sloppy Joe Chips Assorted Relishes Assorted Desserts Milk	13 Fresh Fruit and Vegetable Bar Homemade Lasagna Seasoned Green Beans Garlic Bread Banana Pudding Milk
14 Fresh Fruit and Vegetable Bar Pizza Sunny Golden Corn Assorted Relishes Cookie Milk	15 Fresh Fruit and Vegetable Bar BBQ Yummy Baked Beans Assorted Chips Cool Carrot/Raisin Salad Milk/Lemonade	16 Fresh Fruit and Vegetable Bar Beef Stroganoff Steamed Vegetables Roll Pie Milk	17 Fresh Fruit and Vegetable Bar Savory Turkey Slices Cheesy Macaroni and Cheese Seasoned Green Beans Roll Cake Milk	20 CLOSED
21—MLK Day DINING IN THE DORM	22 Fresh Fruit and Vegetable Bar Ham and Beans or Ham Sandwich Steamed Cabbage Chips Cornbread Pudding Milk	23 Fresh Fruit and Vegetable Bar Chicken Cordon Bleu Steamed Rice Seasoned Mixed Vegetables Roll Sherbet Milk	24 Fresh Fruit and Vegetable Bar Crispitos Spicy Spanish Rice Hearty Pinto Beans Ice Cream Milk	27 Fresh Fruit and Vegetable Bar Deli Sandwich Crispy Fries Lettuce/Tomato Cookie Milk
28 Fresh Fruit and Vegetable Bar Chicken Tenders Creamy Mashed Potatoes Tender Steamed Broccoli/Cheese Sauce Roll Cake Milk	29 Fresh Fruit and Vegetable Bar BBQ Ribs Zesty Baked Beans Homestyle Coleslaw Assorted Desserts Milk	30 Fresh Fruit and Vegetable Bar Cook's Choice Milk	31 Fresh Fruit and Vegetable Bar Pizza Sunny Golden Corn Assorted Relishes Cookie Milk	