

# Arkansas School for the Blind and Visually Impaired—Breakfast Menu for January 2019

Students must take 1/2 cup fruit or 1/2 cup vegetable plus two other items. Menu items subject to change based on availability of stock. The USDA and the Arkansas School for the Blind are equal opportunity providers and employers.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

# JANUARY 2019

<p>7 Chilled Orange Juice Assorted Fruit Variety Cereal and Nutri-Grain Bar</p> <p>Milk</p>	<p>8 Chilled Grape Juice Assorted Fruit Banana Nut Muffin Variety Cereal and Whole Grain Toast</p> <p>Milk</p>	<p>9 Chilled Orange Juice Assorted Fruit Oatmeal Whole Grain Waffles Variety Cereal</p> <p>Milk</p>	<p>10 Chilled Pineapple Juice Assorted Fruit Ham Slices Cheesy Omelet Variety Cereal and Granola Bar</p> <p>Milk</p>	<p>11 Chilled Pineapple Juice Assorted Fruit Sausage Biscuits Variety Cereal and Whole Grain Toast</p> <p>Milk</p>
<p>14 Chilled Apple Juice Assorted Fruit Sunny Scrambled Eggs Variety Cereal and Whole Grain Toast</p> <p>Milk</p>	<p>15 Tropical Chilled White Grape Juice Assorted Fruit Hearty Oatmeal Variety Cereal and Assorted Yogurt</p> <p>Milk</p>	<p>16 Chilled Cranberry Juice Assorted Fruit Breakfast Pizza Variety Cereal and Whole Grain Toast</p> <p>Milk</p>	<p>17 Chilled Grape Juice Assorted Fruit Whole Grain Homemade Cinnamon Roll Variety Cereal and Pop-Tart</p> <p>Milk</p>	<p>18 Chilled Apple Juice Assorted Fruit Whole Grain Glazed Croissant Variety Cereal and Nutri-Grain Bar</p> <p>Milk</p>
<p>21</p> <p style="text-align: center;">CLOSED</p>	<p>22 Chilled Orange Juice Assorted Fruit Sausage Link Whole Grain Waffles Variety Cereal</p> <p>Milk</p>	<p>23 Chilled White Grape Juice Assorted Fruit Whole Grain Pancakes Variety Cereal and Yogurt</p> <p>Milk</p>	<p>24 Chilled Cranberry Juice Assorted Fruit Crisp Bacon Slices French Toast Sticks Variety Cereal</p> <p>Milk</p>	<p>25 Chilled Apple Juice Assorted Fruit Whole Grain Chicken Biscuit Variety Cereal and Pop-Tart</p> <p>Milk</p>
<p>28 Chilled Pineapple Juice Assorted Fruit Fresh Strawberries Sunny-Centered Boiled Egg Variety Cereal and Yogurt</p> <p>Milk</p>	<p>29 Chilled Orange Juice Assorted Fruit Whole Grain Cinnamon Bun Variety Cereal and Yogurt</p> <p>Milk</p>	<p>30 Chilled Orange Juice Assorted Fruit Morning Sausage Roll Variety Cereal and Whole Grain Toast</p> <p>Milk</p>	<p>31 Chilled Grape Juice Assorted Fruit Sausage/Egg/Biscuit Sandwich</p> <p>Milk</p>	