

## **ACSD Comprehensive Health Plan**

**Health Education Curriculum:** Health Education will be taught in all grade levels. Health Education instruction will include the following topics: mental and emotional health, nutrition education, physical education, hygiene, growth and development, injury prevention and safety, and chronic diseases and reproductive health. Additional topics may be added as needed.

**Comprehensive Health Education:** Comprehensive Health Education is provided to all students starting in grades six.

### **Instructional Materials Uses at each grade span:**

K- 2

State Provided Erin's Law Materials

Macmillan McGraw Hill Health and Wellness

SC Health and Safety Education Standards.

Take 10 Getting Kids Active in 10 Minutes

Fitness Gram

3-5

· State Provided Erin's Law Materials

· Health and Wellness Book - McGraw-Hill

· Nutrition Curriculum purchased through Jump Rope and Hoops for Heart

· SC Health and Safety Education Standards

· Take 10 Getting Kids Active in 10 Minute

· Fitness Gram

6-8

State Provided Erin's Law Materials

Holt Decisions for Health text books

SC Health and Safety Education Standards

Take 10 Getting Kids Active in 10 Minutes

Fitness Gram

Human Sexuality: A Responsible Approach - Scott Foresman

Growing to Maturity - Scott Foresman

9-12

State Provided Erin's Law Materials

Glencoe Health

Glencoe Health-Human Sexuality

SC Health and Safety Education Standards

Fitness Gram