

FEBRUARY 2023

BERNALILLO PUBLIC SCHOOLS
MIDDLE SCHOOLS

Monday



Beef a Roni or Calzone

6

Shredded Cheese
Green Beans
Hot Roll
Fresh or Canned Fruit

Pepperoni Pizza or Calzone

Tater Tots
Cucumber & Cherry Tomato Cup
W/Dressing
Fresh or Canned Fruit

PRESIDENTS 20

NO MEAL SERVICE

Baked Chicken
Mashed Potatoes/Gravy
Sweet Steamed Carrots
Hot Roll

Fresh or Canned Fruit

Tuesday



Taco Tuesday

Carne Adovada Tacos or Burritos

W/Tortilla

Shredded Lettuce/Tomato Salsa Pinto Beans / Fideos Fresh or Canned Fruit

Valentine's Day

Baked Lasagna Green Beans

Caesar Salad W/Dressing / Garlic Toast Gelatin Cake W/Whip Cream Frosting Fresh Strawberry Cup W/ Whipped Topping Drizzled W/Chocolate

Mardi Gras

Pork Carnita Tacos or Burritos

Cilantro / Lime Wedge
Purple Cabbage Slaw
Refried Beans / Spanish Rice
Cupcake w/ Green, Yellow & Purple Frosting
Green Fruit Gelatin Cup

Taco Tuesday Beef Tacos or Burritos W/Tortilla

Shredded Lettuce/Tomato Salsa Pinto Beans / Fideos

Fresh or Canned Fruit

Wednesday

Teriyaki or Mandarin Chicken

Veggie Egg Roll Fried Rice or Noodles Steamed Carrots & Broccoli Fortune Cookie Fresh or Canned Fruit

Posole w/ Pork Meat

Lemon Wedges
Cheese Slices
Crackers
Potato Salad
Fresh or Canned Fruit

ASYNCHRONOUS DAY

15

ages.

Meal Distribution
Pick-up meals
9:00 am – 1:00 pm

Grilled Cheese or Green Chile Chicken & Cheese Quesadilla

Tomato Soup
Carrot/Celery/Cherry Tomato Cup
Goldfish Crackers
Fresh or Canned Fruit

Fresh or Canned Fruit

Thursday

Calzone or Pizza Green Beans Romaine Salad W/Dressing

Fresh or Canned Fruit

Burrito w/ Chorizo & PA pitas Or Chimichanga

Red Chile Sauce Refried Beans Fresh or Canned Fruit

Parent/Teacher
Conferences

Meal Distribution Pick-up meals 9:00 am – 1:00 pm

Mandarin or Cherry Blossom
Chicken
Chay Main Neadlen or Rice

Chow Mein Noodles or Rice Steamed Carrots & Broccoli Fortune Cookie Fresh or Canned Fruit Friday

World Heart Day "Wear Red" Chef Salad

Boiled Egg. Shredded Chicken, Cheese, Sunflower Seeds, Croutons, Bacon Bits, Romaine Lettuce, Grape Tomatoes, Cucumbers, Avocado Half, W/G Crackers - Red Apple

Pre-Super Bowl
Tail Gate Luncheon

10

Spartan Bacon Cheeseburger

Green Chile
Romaine Lettuce/Tomato/Pickle
Baked Fries/Catsup
Super Bowl Cookie / Fruit Salad

Parent/Teacher Conferences

Meal Distribution Pick-up meals 9:00 am – 1:00 pm

Bean & Cheese Burrito or Chimichanga

Red or Green Chile Sauce Baked Potato W/Sour Cream Fresh or Canned Fruit





This institution is an Equal Opportunity Provider and Employer

Join the Bernalillo Public Schools Food Service Team by applying at bernalillo-schools.org for full, part-time, and substitute positions.

Menu subject to change without notice due to seasonality and unavailability due to manufacturer short-

Every meal includes one of the following varieties of milk: 1% White, fat-free chocolate, fat-free strawberry, or skim milk. Soymilk options available upon request, with documented "Special Dietary" on file.

For questions, please contact the Bernalillo Public School Student Nutrition Department at (505) 404-5741 or Email ditrujillo@bernalillops.org or rmorales@bernalillops.org