



Maintenance Choice®

Save with 90-day supplies

Maintenance Choice helps keep your medication as affordable as possible. But you may need to make a few changes to enjoy these savings.

Help keep your copay* low

Start filling medications you take regularly (like medication for asthma or high blood pressure) in 90-day supplies at CVS Pharmacy® or CVS Caremark® Mail Service Pharmacy. Choose the option that works best for you — and change it whenever you like.

Retail pharmacy to CVS Pharmacy

You can pick up your 90-day supplies at any CVS Pharmacy.

Here's what you need to do:

1. Visit [Caremark.com/MoveMyMeds](https://www.caremark.com/movemy meds)
2. On the Move My Meds page, select which prescriptions you'd like to fill at your preferred CVS Pharmacy location.
3. A member of our pharmacy team may contact you if they have questions.

Retail pharmacy to CVS Caremark Mail Service Pharmacy

To start receiving 90-day supplies through CVS Caremark Mail Service Pharmacy, visit [Caremark.com/mailservice](https://www.caremark.com/mailservice).

For savings opportunities and personalized support, visit [Caremark.com](https://www.caremark.com) (after your benefits begin).

*Copayment, copay or coinsurance means the amount a member is required to pay for a prescription in accordance with a Plan, which may be a deductible, a percentage of the prescription price, a fixed amount or other charge, with the balance, if any, paid by a Plan.

Your privacy is important to us. Our employees are trained regarding the appropriate way to handle your private health information.

