

Adopt-A-BackPacker

That's right, a one-time donation of \$120 will supply one child on the BackPack Program with a bag of food each week for an entire school year (40 weeks). Each bag contains at least 8 kid-friendly food items such as: pop-top beef stew or chicken, shelf-stable milk, cereal, cheese or peanut butter crackers, Jell-O cup, pudding cup, etc. The purpose of the BackPack Program is to provide a supplemental food source to children who are at-risk of being hungry on the weekends when school meals are unavailable and resources at home are limited.

The time to help is now!



How To Help

Donations for the BackPack Program can be made through Feeding America, Kentucky's Heartland. Donations can be mailed to the address below or you may visit us on the web for an online, one-time contribution or recurring credit card donation.



**Please note 'Simpson County BackPack Program' on your donation memo for proper designation of your gift.*

*Kentucky ranks

14th highest in the nation

for food-insecure children under 18 years of age.

(Statistics provided by Feeding America)

Feeding America

313 Peterson Drive

Elizabethtown, KY 42701

Phone: 270-769-6997

Toll-Free: 877-532-2767

Fax: 270-769-9340

www.feedingamericakentucky.org

Simpson County Back Pack Coordinator:

Robin Hollingsworth

Community Education

270-586-3809

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430 S. College St.

Franklin, KY 42134

BackPack Program



Feeding Our Future

A program of



* Partnering with the Simpson County Back Pack program, and Simpson County Schools to provide children in need with a bag of nutritious take-home food at the end of each week

BackPack Program



HAVE YOU
EVER BEEN
HUNGRY?

Have you ever gone a whole day without food? Two days?

Sadly, many children are going an entire weekend with little or no food when a school meal is not available.

One child reported eating crayons in class to feel full, knowing there would not be food to eat at home.

Children who are suffering from food insecurity do not perform well academically, display unacceptable behavior and have poor attendance due to illness or reasons unexcused.

Fortunately, *Feeding America, Kentucky's Heartland* offers the Backpack Program to help alleviate childhood hunger. Nutritious, easy-to-prepare foods are sent home in a child's backpack at the end of each week to ensure they have something to eat until they return for breakfast on Monday morning.

Identifying a Hungry Child



Physical Appearance

- Extreme thinness, dry/cracked lips, itchy eyes

School Performance

- Excessive absences
- Short attention span
- Complaints of not feeling well
- Inability to concentrate
- Behavior problems (hyperactive, irritable, anxious, withdrawn, etc.)
- Poor academic status
- Regularly asking for extra food and rushing food lines
- Stating there is never enough food in the house

Home Environment

- Often cooks own meal or has sibling who does
- Moves frequently
- Loss of household income
- Family crisis



According to the 2006 Kids Count Data Book, 25% of Kentucky's children live in poverty.

Mission



The mission of the Backpack Program is to meet the needs of hungry children by providing them with nutritious and easy-to-prepare food to take home on weekends and school vacations when other resources are not available.

"If we can conquer space, we can conquer childhood hunger."

—Buzz Aldrin, Astronaut