

Menu Calendar Report - January, 2019

Generated on: 12/26/2018 12:04:27 PM by Danny Vasquez

Site: ALL
Meal Type: Breakfast
Site Group: The Clubhouse
Menu Line: BRKFST-Café Classics

Monday	Tuesday	Wednesday	Thursday	Friday
31 Dec	1 Jan	2 Jan	3 Jan	4 Jan
String Cheese (2.02 g)	String Cheese (2.02 g)	String Cheese (2.02 g)	Pancake Bites with Sausage (19.00 g)	Strawberry Yogurt (14.00 g)
Apple Cinnamon Cheerios bowlpack (22.00 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)	String Cheese (2.02 g)	String Cheese (2.02 g)
Bagel & Cream Cheese (36.71 g)	Cinnamon Chex (23.00 g)	Cinnamon Chex (23.00 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)
Cinnamon Chex (23.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Chex (23.00 g)	Cinnamon Chex (23.00 g)
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)
Cocoa Puffs Cereal (25.00 g)	Honey Nut Cheerios Cereal (22.00 g)	Honey Nut Cheerios Cereal (22.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)
Honey Nut Cheerios Cereal (22.00 g)	Maple Brown Sugar Oatmeal (32.00 g)	Maple Brown Sugar Oatmeal (32.00 g)	Honey Nut Cheerios Cereal (22.00 g)	Honey Nut Cheerios Cereal (22.00 g)
Maple Brown Sugar Oatmeal (32.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Maple Brown Sugar Oatmeal (32.00 g)	Maple Brown Sugar Oatmeal (32.00 g)
Multigrain Frosted Flakes Cereal (24.00 g)	Raisin Bran Cereal (27.00 g)	Raisin Bran Cereal (27.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)
Raisin Bran Cereal (27.00 g)	Rice Chex (24.00 g)	Rice Krispies (23.00 g)	Raisin Bran Cereal (27.00 g)	Original Graham Crackers (17.00 g)
Rice Krispies (23.00 g)	Rice Krispies (23.00 g)	Toast (14.00 g)	Rice Krispies (23.00 g)	Raisin Bran Cereal (27.00 g)
Toast (14.00 g)	Toast (14.00 g)	Trix Cereal reduced sugar (24.00 g)	Toast (14.00 g)	Rice Krispies (23.00 g)
Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Whole Grain Cinnamon Roll (65.00 g)	Trix Cereal reduced sugar (24.00 g)	Toast (14.00 g)
Applesauce (7.00-14.00 g)	Ultimate Breakfast Round (44.00 g)	Applesauce (7.00-14.00 g)	Applesauce (7.00-14.00 g)	Trix Cereal reduced sugar (24.00 g)
Crispy Whole Apple (12.69 g)	Applesauce (7.00-14.00 g)	Crispy Whole Apple (12.69 g)	Crispy Whole Apple (12.69 g)	Applesauce (7.00-14.00 g)
Diced Peaches (7.25-14.51 g)	Crispy Whole Apple (12.69 g)	Diced Peaches (7.25-14.51 g)	Diced Peaches (7.25-14.51 g)	Crispy Whole Apple (12.69 g)
Diced Pears (21.89 g)	Diced Peaches (7.25-14.51 g)	Diced Pears (21.89 g)	Diced Pears (21.89 g)	Diced Peaches (7.25-14.51 g)
Fresh Oranges (11.28 g)	Diced Pears (21.89 g)	Fresh Oranges (11.28 g)	Fresh Oranges (11.28 g)	Diced Pears (21.89 g)
Frozen Blueberries (9.00 g)	Fresh Oranges (11.28 g)	Frozen Blueberries (9.00 g)	Frozen Blueberries (9.00 g)	Fresh Oranges (11.28 g)
Mixed Fruit (16.25 g)	Frozen Blueberries (9.00 g)	Mixed Fruit (16.25 g)	Mixed Fruit (16.25 g)	Frozen Blueberries (9.00 g)
100% Apple Juice (14.00 g)	Mixed Fruit (16.25 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	Mixed Fruit (16.25 g)
100% Grape Juice (19.00 g)	100% Apple Juice (14.00 g)	100% Grape Juice (19.00 g)	100% Grape Juice (19.00 g)	100% Apple Juice (14.00 g)
100% Orange Juice (14.00 g)	100% Grape Juice (19.00 g)	100% Orange Juice (14.00 g)	100% Orange Juice (14.00 g)	100% Grape Juice (19.00 g)
1 % Milk (11.00 g)	100% Orange Juice (14.00 g)	1 % Milk (11.00 g)	1 % Milk (11.00 g)	100% Orange Juice (14.00 g)
Lowfat 1% White Milk (13.00 g)	1 % Milk (11.00 g)	Lowfat 1% White Milk (13.00 g)	Lowfat 1% White Milk (13.00 g)	1 % Milk (11.00 g)
White Skim Milk (13.00 g)	Lowfat 1% White Milk (13.00 g)	White Skim Milk (13.00 g)	White Skim Milk (13.00 g)	Lowfat 1% White Milk (13.00 g)
	White Skim Milk (13.00 g)		Pancake & Waffle Syrup (29.16 g)	White Skim Milk (13.00 g)
7 Jan	8 Jan	9 Jan	10 Jan	11 Jan
Breakfast on a Stick (17.84 g)	String Cheese (2.02 g)	Ham & Cheese English Muffin (28.03 g)	String Cheese (2.02 g)	Blueberry Muffin Square (60.94 g)
String Cheese (2.02 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)	String Cheese (2.02 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)	Cran Peach Muffin Square (69.70 g)
Apple Cinnamon Cheerios bowlpack (22.00 g)	Biscuit & Country Gravy (31.57 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)	Cinnamon Chex (23.00 g)	String Cheese (2.02 g)
Cinnamon Chex (23.00 g)	Cinnamon Chex (23.00 g)	Cinnamon Chex (23.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Chex (23.00 g)
Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Honey Nut Cheerios Cereal (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)
Honey Nut Cheerios Cereal (22.00 g)	Honey Nut Cheerios Cereal (22.00 g)	Honey Nut Cheerios Cereal (22.00 g)	Maple Brown Sugar Oatmeal (32.00 g)	Cocoa Puffs Cereal (25.00 g)
Maple Brown Sugar Oatmeal (32.00 g)	Maple Brown Sugar Oatmeal (32.00 g)	Maple Brown Sugar Oatmeal (32.00 g)	Mini Maple Waffles (35.00 g)	Honey Nut Cheerios Cereal (22.00 g)
Multigrain Frosted Flakes Cereal (24.00 g)			Multigrain Frosted Flakes Cereal (24.00 g)	

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7 Jan	8 Jan	9 Jan	10 Jan	11 Jan
Raisin Bran Cereal (27.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Raisin Bran Cereal (27.00 g)	Maple Brown Sugar Oatmeal (32.00 g)
Rice Krispies (23.00 g)	Raisin Bran Cereal (27.00 g)	Raisin Bran Cereal (27.00 g)	Rice Krispies (23.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)
Toast (14.00 g)	Rice Krispies (23.00 g)	Rice Krispies (23.00 g)	Toast (14.00 g)	Raisin Bran Cereal (27.00 g)
Trix Cereal reduced sugar (24.00 g)	Toast (14.00 g)	Toast (14.00 g)	Trix Cereal reduced sugar (24.00 g)	Rice Krispies (23.00 g)
Applesauce (7.00-14.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Applesauce (7.00-14.00 g)	Toast (14.00 g)
Crispy Whole Apple (12.69 g)	Applesauce (7.00-14.00 g)	Applesauce (7.00-14.00 g)	Crispy Whole Apple (12.69 g)	Trix Cereal reduced sugar (24.00 g)
Diced Peaches (7.25-14.51 g)	Crispy Whole Apple (12.69 g)	Crispy Whole Apple (12.69 g)	Diced Peaches (7.25-14.51 g)	Applesauce (7.00-14.00 g)
Diced Pears (21.89 g)	Diced Peaches (7.25-14.51 g)	Diced Peaches (7.25-14.51 g)	Diced Pears (21.89 g)	Crispy Whole Apple (12.69 g)
Fresh Oranges (11.28 g)	Diced Pears (21.89 g)	Diced Pears (21.89 g)	Fresh Oranges (11.28 g)	Diced Peaches (7.25-14.51 g)
Frozen Blueberries (9.00 g)	Fresh Oranges (11.28 g)	Fresh Oranges (11.28 g)	Frozen Blueberries (9.00 g)	Diced Pears (21.89 g)
Mixed Fruit (16.25 g)	Frozen Blueberries (9.00 g)	Frozen Blueberries (9.00 g)	Mixed Fruit (16.25 g)	Fresh Oranges (11.28 g)
100% Apple Juice (14.00 g)	Mixed Fruit (16.25 g)	Mixed Fruit (16.25 g)	100% Apple Juice (14.00 g)	Frozen Blueberries (9.00 g)
100% Grape Juice (19.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Grape Juice (19.00 g)	Mixed Fruit (16.25 g)
100% Orange Juice (14.00 g)	100% Grape Juice (19.00 g)	100% Grape Juice (19.00 g)	100% Orange Juice (14.00 g)	100% Apple Juice (14.00 g)
1 % Milk (11.00 g)	100% Orange Juice (14.00 g)	100% Orange Juice (14.00 g)	1 % Milk (11.00 g)	100% Grape Juice (19.00 g)
Lowfat 1% White Milk (13.00 g)	1 % Milk (11.00 g)	1 % Milk (11.00 g)	Lowfat 1% White Milk (13.00 g)	100% Orange Juice (14.00 g)
White Skim Milk (13.00 g)	Lowfat 1% White Milk (13.00 g)	Lowfat 1% White Milk (13.00 g)	White Skim Milk (13.00 g)	1 % Milk (11.00 g)
Blueberry Compote (25.12 g)	White Skim Milk (13.00 g)	White Skim Milk (13.00 g)	Pancake & Waffle Syrup (29.16 g)	Lowfat 1% White Milk (13.00 g)
Pancake & Waffle Syrup (29.16 g)				White Skim Milk (13.00 g)
14 Jan	15 Jan	16 Jan	17 Jan	18 Jan
String Cheese (2.02 g)	Apple Pocket (49.00 g)	String Cheese (2.02 g)	String Cheese (2.02 g)	Cheesy Scrambled Eggs
Apple Cinnamon Cheerios bowlpack (22.00 g)	String Cheese (2.02 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)	String Cheese (2.02 g)
Cheerios (20.00 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)	Cinnamon Chex (23.00 g)	Blueberry Bagel w/ Cream Cheese Burry (32.71 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)
Cinnamon Chex (23.00 g)	Cinnamon Chex (23.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Chex (23.00 g)	Cinnamon Chex (23.00 g)
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)
Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Honey Nut Cheerios Cereal (22.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)
French Toast Sticks (27.90 g)	Honey Nut Cheerios Cereal (22.00 g)	Maple Brown Sugar Oatmeal (32.00 g)	Honey Nut Cheerios Cereal (22.00 g)	Honey Nut Cheerios Cereal (22.00 g)
Honey Nut Cheerios Cereal (22.00 g)	Maple Brown Sugar Oatmeal (32.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Maple Brown Sugar Oatmeal (32.00 g)	Maple Brown Sugar Oatmeal (32.00 g)
Maple Brown Sugar Oatmeal (32.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Raisin Bran Cereal (27.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)
Multigrain Frosted Flakes Cereal (24.00 g)	Raisin Bran Cereal (27.00 g)	Rice Krispies (23.00 g)	Raisin Bran Cereal (27.00 g)	Raisin Bran Cereal (27.00 g)
Raisin Bran Cereal (27.00 g)	Rice Krispies (23.00 g)	Toast (14.00 g)	Rice Krispies (23.00 g)	Rice Chex (24.00 g)
Rice Krispies (23.00 g)	Toast (14.00 g)	Trix Cereal reduced sugar (24.00 g)	Toast (14.00 g)	Rice Krispies (23.00 g)
Toast (14.00 g)	Trix Cereal reduced sugar (24.00 g)	Whole Grain Cinnamon Roll (65.00 g)	Trix Cereal reduced sugar (24.00 g)	Toast (14.00 g)
Trix Cereal reduced sugar (24.00 g)	Applesauce (7.00-14.00 g)	Applesauce (7.00-14.00 g)	Applesauce (7.00-14.00 g)	Trix Cereal reduced sugar (24.00 g)
Applesauce (7.00-14.00 g)	Crispy Whole Apple (12.69 g)	Crispy Whole Apple (12.69 g)	Crispy Whole Apple (12.69 g)	Applesauce (7.00-14.00 g)
Crispy Whole Apple (12.69 g)	Diced Peaches (7.25-14.51 g)	Diced Peaches (7.25-14.51 g)	Diced Peaches (7.25-14.51 g)	Crispy Whole Apple (12.69 g)
Diced Peaches (7.25-14.51 g)	Diced Pears (21.89 g)	Diced Pears (21.89 g)	Diced Pears (21.89 g)	Diced Peaches (7.25-14.51 g)
Diced Pears (21.89 g)	Fresh Oranges (11.28 g)	Fresh Oranges (11.28 g)	Fresh Oranges (11.28 g)	Diced Pears (21.89 g)
Fresh Oranges (11.28 g)	Frozen Blueberries (9.00 g)	Frozen Blueberries (9.00 g)	Frozen Blueberries (9.00 g)	Fresh Oranges (11.28 g)
Frozen Blueberries (9.00 g)	Mixed Fruit (16.25 g)	Mixed Fruit (16.25 g)	Mixed Fruit (16.25 g)	Frozen Blueberries (9.00 g)
Mixed Fruit (16.25 g)	100% Apple Juice (14.00 g)			Mixed Fruit (16.25 g)

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14 Jan	15 Jan	16 Jan	17 Jan	18 Jan
100% Apple Juice (14.00 g)	100% Grape Juice (19.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)
100% Grape Juice (19.00 g)	100% Orange Juice (14.00 g)	100% Grape Juice (19.00 g)	100% Grape Juice (19.00 g)	100% Grape Juice (19.00 g)
100% Orange Juice (14.00 g)	1 % Milk (11.00 g)	100% Orange Juice (14.00 g)	100% Orange Juice (14.00 g)	100% Orange Juice (14.00 g)
1 % Milk (11.00 g)	Lowfat 1% White Milk (13.00 g)	1 % Milk (11.00 g)	1 % Milk (11.00 g)	1 % Milk (11.00 g)
Lowfat 1% White Milk (13.00 g)	White Skim Milk (13.00 g)	Lowfat 1% White Milk (13.00 g)	Lowfat 1% White Milk (13.00 g)	Lowfat 1% White Milk (13.00 g)
White Skim Milk (13.00 g)		White Skim Milk (13.00 g)	White Skim Milk (13.00 g)	White Skim Milk (13.00 g)
Pancake & Waffle Syrup (29.16 g)				Salsa (8.00 g)
21 Jan	22 Jan	23 Jan	24 Jan	25 Jan
Breakfast on a Stick (17.84 g)	SW Breakfast Sliders (21.00 g)	Egg & Cheese English Muffin (22.23 g)	String Cheese (2.02 g)	String Cheese (2.02 g)
String Cheese (2.02 g)	String Cheese (2.02 g)	String Cheese (2.02 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)
Apple Cinnamon Cheerios bowlpack (22.00 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)	Buttermilk Pancakes (30.67 g)	Cinnamon Chex (23.00 g)
Cinnamon Chex (23.00 g)	Cinnamon Chex (23.00 g)	Cinnamon Chex (23.00 g)	Cinnamon Chex (23.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cocoa Puffs Cereal (25.00 g)
Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Honey Nut Cheerios Cereal (22.00 g)
Honey Nut Cheerios Cereal (22.00 g)	Honey Nut Cheerios Cereal (22.00 g)	Honey Nut Cheerios Cereal (22.00 g)	Honey Nut Cheerios Cereal (22.00 g)	Maple Brown Sugar Oatmeal (32.00 g)
Maple Brown Sugar Oatmeal (32.00 g)	Maple Brown Sugar Oatmeal (32.00 g)	Maple Brown Sugar Oatmeal (32.00 g)	Maple Brown Sugar Oatmeal (32.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)
Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Raisin Bran Cereal (27.00 g)
Raisin Bran Cereal (27.00 g)	Raisin Bran Cereal (27.00 g)	Raisin Bran Cereal (27.00 g)	Raisin Bran Cereal (27.00 g)	Rice Krispies (23.00 g)
Rice Krispies (23.00 g)	Rice Chex (24.00 g)	Rice Krispies (23.00 g)	Rice Krispies (23.00 g)	Toast (14.00 g)
Toast (14.00 g)	Rice Krispies (23.00 g)	Toast (14.00 g)	Toast (14.00 g)	Trix Cereal reduced sugar (24.00 g)
Trix Cereal reduced sugar (24.00 g)	Toast (14.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Applesauce (7.00-14.00 g)
Applesauce (7.00-14.00 g)	Trix Cereal reduced sugar (24.00 g)	Applesauce (7.00-14.00 g)	Applesauce (7.00-14.00 g)	Crispy Whole Apple (12.69 g)
Crispy Whole Apple (12.69 g)	Applesauce (7.00-14.00 g)	Crispy Whole Apple (12.69 g)	Crispy Whole Apple (12.69 g)	Diced Peaches (7.25-14.51 g)
Diced Peaches (7.25-14.51 g)	Crispy Whole Apple (12.69 g)	Diced Peaches (7.25-14.51 g)	Diced Peaches (7.25-14.51 g)	Diced Pears (21.89 g)
Diced Pears (21.89 g)	Diced Peaches (7.25-14.51 g)	Diced Pears (21.89 g)	Diced Pears (21.89 g)	Fresh Oranges (11.28 g)
Fresh Oranges (11.28 g)	Diced Pears (21.89 g)	Fresh Oranges (11.28 g)	Fresh Oranges (11.28 g)	Frozen Blueberries (9.00 g)
Frozen Blueberries (9.00 g)	Fresh Oranges (11.28 g)	Frozen Blueberries (9.00 g)	Frozen Blueberries (9.00 g)	Mixed Fruit (16.25 g)
Mixed Fruit (16.25 g)	Frozen Blueberries (9.00 g)	Mixed Fruit (16.25 g)	Mixed Fruit (16.25 g)	100% Apple Juice (14.00 g)
100% Apple Juice (14.00 g)	Mixed Fruit (16.25 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	100% Grape Juice (19.00 g)
100% Grape Juice (19.00 g)	100% Apple Juice (14.00 g)	100% Grape Juice (19.00 g)	100% Grape Juice (19.00 g)	100% Orange Juice (14.00 g)
100% Orange Juice (14.00 g)	100% Grape Juice (19.00 g)	100% Orange Juice (14.00 g)	100% Orange Juice (14.00 g)	1 % Milk (11.00 g)
1 % Milk (11.00 g)	100% Orange Juice (14.00 g)	100% Orange Juice (14.00 g)	1 % Milk (11.00 g)	Lowfat 1% White Milk (13.00 g)
Lowfat 1% White Milk (13.00 g)	1 % Milk (11.00 g)	1 % Milk (11.00 g)	Lowfat 1% White Milk (13.00 g)	White Skim Milk (13.00 g)
White Skim Milk (13.00 g)	Lowfat 1% White Milk (13.00 g)	Lowfat 1% White Milk (13.00 g)	White Skim Milk (13.00 g)	
Pancake & Waffle Syrup (29.16 g)	White Skim Milk (13.00 g)	White Skim Milk (13.00 g)	Pancake & Waffle Syrup (29.16 g)	
	Salsa (8.00 g)			
28 Jan	29 Jan	30 Jan	31 Jan	1 Feb
Sausage Breakfast Pizza (26.00 g)	String Cheese (2.02 g)	Turkey Sausage Patty & Cheese Biscuit (28.01 g)	String Cheese (2.02 g)	String Cheese (2.02 g)
String Cheese (2.02 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)	String Cheese (2.02 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)
Apple Cinnamon Cheerios bowlpack (22.00 g)	Cinnamon Chex (23.00 g)	Apple Cinnamon Cheerios bowlpack (22.00 g)	Cinnamon Chex (23.00 g)	Cinnamon Chex (23.00 g)

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28 Jan	29 Jan	30 Jan	31 Jan	1 Feb
Cinnamon Chex (23.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Chex (23.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)
Cocoa Puffs Cereal (25.00 g)	Honey Nut Cheerios Cereal (22.00 g)	Cocoa Puffs Cereal (25.00 g)	Honey Nut Cheerios Cereal (22.00 g)	French Toast (13.86-27.71 g)
Honey Nut Cheerios Cereal (22.00 g)	Maple Brown Sugar Oatmeal (32.00 g)	Honey Nut Cheerios Cereal (22.00 g)	Maple Brown Sugar Oatmeal (32.00 g)	Honey Nut Cheerios Cereal (22.00 g)
Maple Brown Sugar Oatmeal (32.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Maple Brown Sugar Oatmeal (32.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Maple Brown Sugar Oatmeal (32.00 g)
Multigrain Frosted Flakes Cereal (24.00 g)	Raisin Bran Cereal (27.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Raisin Bran Cereal (27.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)
Raisin Bran Cereal (27.00 g)	Rice Krispies (23.00 g)	Raisin Bran Cereal (27.00 g)	Rice Krispies (23.00 g)	Raisin Bran Cereal (27.00 g)
Rice Krispies (23.00 g)	Toast (14.00 g)	Rice Krispies (23.00 g)	Toast (14.00 g)	Rice Krispies (23.00 g)
Toast (14.00 g)	Trix Cereal reduced sugar (24.00 g)	Toast (14.00 g)	Trix Cereal reduced sugar (24.00 g)	Toast (14.00 g)
Trix Cereal reduced sugar (24.00 g)	Applesauce (7.00-14.00 g)	Trix Cereal reduced sugar (24.00 g)	Applesauce (7.00-14.00 g)	Trix Cereal reduced sugar (24.00 g)
Applesauce (7.00-14.00 g)	Crispy Whole Apple (12.69 g)	Applesauce (7.00-14.00 g)	Crispy Whole Apple (12.69 g)	Applesauce (7.00-14.00 g)
Crispy Whole Apple (12.69 g)	Diced Peaches (7.25-14.51 g)	Crispy Whole Apple (12.69 g)	Diced Peaches (7.25-14.51 g)	Crispy Whole Apple (12.69 g)
Diced Peaches (7.25-14.51 g)	Diced Pears (21.89 g)	Diced Peaches (7.25-14.51 g)	Diced Pears (21.89 g)	Diced Peaches (7.25-14.51 g)
Diced Pears (21.89 g)	Fresh Oranges (11.28 g)	Diced Pears (21.89 g)	Fresh Oranges (11.28 g)	Diced Pears (21.89 g)
Fresh Oranges (11.28 g)	Frozen Blueberries (9.00 g)	Fresh Oranges (11.28 g)	Frozen Blueberries (9.00 g)	Fresh Oranges (11.28 g)
Frozen Blueberries (9.00 g)	Mixed Fruit (16.25 g)	Frozen Blueberries (9.00 g)	Mixed Fruit (16.25 g)	Frozen Blueberries (9.00 g)
Mixed Fruit (16.25 g)	100% Apple Juice (14.00 g)	Mixed Fruit (16.25 g)	100% Apple Juice (14.00 g)	Mixed Fruit (16.25 g)
100% Apple Juice (14.00 g)	100% Grape Juice (19.00 g)	100% Apple Juice (14.00 g)	100% Grape Juice (19.00 g)	100% Apple Juice (14.00 g)
100% Grape Juice (19.00 g)	100% Orange Juice (14.00 g)	100% Grape Juice (19.00 g)	100% Orange Juice (14.00 g)	100% Grape Juice (19.00 g)
100% Orange Juice (14.00 g)	1 % Milk (11.00 g)	100% Orange Juice (14.00 g)	1 % Milk (11.00 g)	100% Orange Juice (14.00 g)
1 % Milk (11.00 g)	Lowfat 1% White Milk (13.00 g)	1 % Milk (11.00 g)	Lowfat 1% White Milk (13.00 g)	1 % Milk (11.00 g)
Lowfat 1% White Milk (13.00 g)	White Skim Milk (13.00 g)	Lowfat 1% White Milk (13.00 g)	White Skim Milk (13.00 g)	Lowfat 1% White Milk (13.00 g)
White Skim Milk (13.00 g)		White Skim Milk (13.00 g)		White Skim Milk (13.00 g)
Blueberry Compote (25.12 g)				Pancake & Waffle Syrup (29.16 g)
Pancake & Waffle Syrup (29.16 g)				

Carbohydrate values in grams follow the Menu Item name