

JANUARY

2019



I'm
**ORANGE
STAR**

**GOOD
EATS AT**

The Wildcat
Café
Headstart –
Elementary
Lunch

**SPECIAL
ANNOUNCEMENTS**

All students are offered a complete meal to include the five (5) food groups. Protein, Dairy, Vegetable, Fruit and Grains. Students must choose three (3) of the five (5) to be considered a full meal, but are encourage to take all five (5). One (1) of the items chosen must be a fruit or vegetable. A choice of milk is offered daily.


Menus are subject to change due to availability.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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This institution is an equal opportunity provider.

M	T	W	TH	F
 1	NO SCHOOL 2	NO SCHOOL 3	NO SCHOOL 4	
Chicken Strips w/Texas Toast BBQ Beef or Pork on a Bun Baked Beans Fruit 7	Beefy Tacos Xtreme Burrito w/White Cheese Sauce Mexicali Corn Fruit 8	Asian Beef Stir-Fry w/Egg Roll Spicy Thai Sweet Chicken w/Egg Roll Fried Rice Asian Vegetable Medley Fruit 9	Ham & Cheese Melt Chicken & Noodles Mixed Vegetables Fruit 10	Cheesy Pizza Hamburger w/Burger Salad Curly Fries Sidekicks 11
Chicken Spaghetti w/Garlic Toast Cheese Sticks w/Marinara Italian Vegetables Fruit 14	Chicken Fajitas Beef & Bean Tamale Pie Refried Beans Peppers & Onions Fruit 15	Chili Cheese Combo Meatball Sub Green Beans Fruit 16	Chicken Nuggets w/ Waffles Beef Stew w/Crackers Winter Vegetables Fruit 17	Pepperoni Pizza Chicken Sandwich (Regular or Spicy) Crinkle Cut French Fries Sidekick 18
NO SCHOOL 21	Beef Nachos Chicken Crisпитos Charro Beans Spanish Rice Fruit 22	Lasagna w/Garlic Toast French Bread Pizza Italian Vegetables Fruit 23	Hawaiian Crispy Wrap Chicken Fried Steak on a Bun Carrot Coins Fruit 24	Cheeseburger Popcorn Chicken w/Roll Potato Wedges Sidekicks 25
Steak Fingers w/Roll Breaded Pork Chop w/Roll Mashed Potatoes w/Gravy Green Beans Fruit 28	Taco Soup w/Cornbread Cheesy Enchiladas Mexicali Corn Fruit 29	BBQ Chicken Stuffed Crust Hamburger Pizza Steamed Broccoli Fruit 30	Chicken Alfredo w/Breadstick Italian Turkey & Cheese Panini Italian Vegetables Fruit 31	