

Silex School January Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			3 bagel or cereal & toast chicken sandwich, chips, broccoli & mix fruit water & milk	4 scramble egg or cereal & toast pizza, salad, carrots, applesauce water & milk
7 egg taco or cereal & toast hamburger, french fries, broccoli peaches water & milk	8 cinnamon roll or cereal & toast chili enchilada, green beans, tomatoes, pineapple water & milk	9 biscuit & gravy or cereal & biscuit chicken wings, potato salad, baked beans, oranges water & milk	10 french toast sticks or cereal & toast chicken & noodles, peas, breadstick, mix fruit water & milk	11 scramble egg or cereal & toast personal pizza, carrot sticks, celery sticks, apple slices water & milk
14 breakfast sliders or cereal & toast sloppy joe, tator tots, coleslaw, peaches water & milk	15 muffin or cereal & toast chicken burrito, nacho chips, corn pineapple water & milk	16 biscuit & gravy or cereal & biscuit popcorn chicken, potato skins, baked beans, oranges water & milk	17 mini pancakes or cereal & toast country fried steak sticks, mashed potato w/gravy, slush cup, water & milk	18 scramble egg or cereal & toast toasted ravioli, salad, carrot sticks, apple slices water & milk
21 NO SCHOOL!!!	22 granola bar or cereal & toast crispito, shredded lettuce, black beans pineapple, water & milk	23 biscuit & gravy or cereal & biscuit chicken nuggets, fried rice, egg roll oranges water & milk	24 breakfast burrito or cereal & toast cheesy beef & macaroni, tomatoes, mix fruit, breadstick water & milk	25 scramble egg or cereal & toast hot dogs, french fries, carrot sticks, apple sauce water & milk
28 omletes or cereal & toast ham & cheese on bun, sweet potato fries, broccoli, peaches, water & milk	29 bagel or cereal & toast cheese quesadilla, shredded lettuce, tomatoes, pineapple water & milk	30 biscuit & gravy or cereal & toast chicken drumstick, roasted potato, green beans, orange water & milk	31 pancake on a stick or cereal & toast bbq pulled pork, potato salad, baked beans, mix fruit water & milk	
"This institution is an equal opportunity provider."				
*Additional items may be available daily not listed on the menu.				