Parent tips for raising strong readers and writers

# **10 Benefits of Reading Aloud to**

# **Your Children**

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### 1. Builds motivation, curiosity, memory, and comprehension

It’s so fun to see your child engaged in a book!

### 2. Helps children reduce stress

Reading helps you calm down. Reading can reduce stress by up to 68%! We can all use that benefit.

### 3. Exposes to different experiences/Transports to places & times

Through books, we are able to explore new places and times that we have never been.  Whether it is a book about a foreign country or a specific time in history, being able to transport to another place in time is incredible.

**4. Creates a positive association of books**

Reading aloud to your children will cultivate a lifelong love of reading.  What better way to instill the love of reading than sharing that moment with them.

### 5. Sets them up for academic success/Boosts brain development

There have been countless research studies that have shown reading to children helps them succeed by getting them ready for school academics. The more you read to your children, the more they learn.

### 6. Improved language/vocabulary

By reading to your children, you are constantly expanding their language.   Through books, we learn words that we may not use in our everyday dialect.

### 7. Build’s a stronger family bond/Deepens connections

Every night, sit down together before bed and read a book with your children.  The older ones can read by themselves, but even they enjoy being read to.  Those moments of cuddling up before bed to read a good story are priceless for our children and ourselves.

### 8. Improves creativity and imagination/Promotes empathy

Reading books helps grow your child’s imagination.  They see themselves from another viewpoint: a princess, a fireman, a farmer, a chef—the possibilities are endless.  They are encouraged by the characters and stories within those pages to be as creative as they want.

### 9. Reading together encourages reading as an adult

As an adult, they will remember the fond memories of reading together for the rest of their lives.

### 10. Reading Books are Fun!!

Last, but surely not least, reading is fun!  Having someone else read to you gives you the complete opportunity to let your imagination run wild. Even as an adult, listening to a great audio book is an amazing experience.