

Wilmington Area Food Service MIDDLE/HIGH SCHOOL MENU

January 2019

The menu is also available on the website at
www.wilmington.k12.pa.us.

Breakfast Prices: (District Wide)	
Daily: \$1.10	Weekly: \$5.50
Reduced: \$0.30	Weekly: \$1.50
Lunch Prices:	
Elementary:	
Daily: \$1.75	Weekly: \$8.75
Reduced: \$0.40	Weekly: \$2.00
Middle School/High School:	
Daily: \$2.00	Weekly: \$10.00
Reduced: \$0.40	Weekly: \$2.00
Please make checks payable to: Wilmington Area Food Service	
\$Reduced: \$0.40	Weekly: \$2.00
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Mon	Tue	Wed	Thu	Fri
1 Chicken Pattie, Pizza, Chef Salads & Meat Wraps Daily	2 NO SCHOOL	3 Stuffed Crust Pizza Steamed Carrots Choice of Fruit & Vegetable Milk (No Salad Today)	4 Chicken Nuggets Hash Brown Choice of Fruit & Vegetable Milk (No Salad Today)	11 Personal Pan Pizza Corn Choice of Fruit & Vegetable Milk
7 Corn Dog Baked Beans Choice of Fruit & Vegetable Milk	8 Fajita Steamed Peas Choice of Fruit & Vegetable Milk	9 Pepperoni Pizza Stick Tossed Salad Choice of Fruit & Vegetable Milk	10 BREAKFAST FOR LUNCH French Toast Stick w/Syrup Hash Brown Sausage Choice of Fruit & Vegetable Milk	18 Cheese Burger Baked Beans Choice of Fruit & Vegetable Milk
14 Popcorn Chicken Salad w/Cheese & Fries Choice of Fruit & Vegetable Milk	15 Nacho Supreme w/ Cheese, Meat, Toppings Steamed Peas Choice of Fruit & Vegetable Milk	16 Pasta w/Meat Sauce Tossed Salad Choice of Fruit & Vegetable Milk	17 Chicken Bowl w/Mashed Potatoes, Corn & Cheese Bread Choice of Fruit & Vegetable Milk	25 Greyhound Sub Peas Choice of Fruit & Vegetable Milk
21 NO SCHOOL	22 Popcorn Chicken w/ or with out wing sauce Oven Fries Choice of Fruit & Vegetable Milk	23 Personal Pan Pizza Tossed Salad Choice of Fruit & Vegetable Milk	24 BREAKFAST FOR LUNCH French Toast Stick w/Syrup Hash Brown Sausage Choice of Fruit & Vegetable Milk	31 4 oz Cup Veggies Daily Beets Carrot Stick Broccoli Garbanzo Beans
28 General Tso's Chicken Rice Broccoli Choice of Fruit & Vegetable Milk	29 Chicken Fingers Peas & Carrots Choice of Fruit Milk	30 Pepperoni Pizza Stick Tossed Salad Choice of Fruit & Vegetable Milk	31 Salisbury Steak Mashed Potatoes w/Gravy Bread Choice of Fruit Milk	31 4 oz Cup Veggies Daily Beets Carrot Stick Broccoli Garbanzo Beans

In order to qualify for a reimbursable meal,
Your meals must include at least three of the main food items: Meat or meat alternate,
Breads, AND MUST HAVE 1/2 CUP FRUIT OR VEGETABLE-Otherwise, regulations require an a-la-carte pricing.
In addition to the menued items, the following will be available daily:

DAILY CHOICE OF FRUIT:

- Fresh: When available
 Apple, Cantaloupe, Watermelon, Pears
 Canned: Peaches, Pears, Pineapple
 Mandarin Oranges, Mixed Fruit
 Applesauce