

A la carte is offered at the High School, student will need to have money in their account to make a purchase. Fat free milk is offered with lunch, extra milk can be purchased for $ .30

Beef-Noodles

Potatoes/gravy

Corn, Fruit Choice

Dinner Rolls

BBQ Chicken Sandwich

Or Spicy Chicken Patty

Seasoned Potatoes, Carrots

Fresh Apple Wedges

Fruit Snacks

Today is the first blank page

Of a 365 page book,

 Write a good one. Happy New Year!!!

Mini Corn dogs or

Turkey/Swiss on Croissant

Curly Fries

Peas, Peaches

Frosted Graham Crackers

Chicken Strips

Twice Baked Potato

Green Beans

Mix Fruit

Breadsticks

French bread Pizza

Or Pizza Slice

Green Beans, Fruit Choice

Snack Mix

Package of Oreo cookies

Lasagna

Bosco Sticks

Winter Blend Veg.

Spinach Salad

Pears

Breakfast for lunch:

Biscuit/gravy, Sausage

Diced Potatoes, Scrambled Eggs

Blueberry Muffins

Hot Dog/bun or

Chicken Parm. Sandwich

Mac-Cheese, Peas

Mandarin Oranges

Oatmeal Crème Pie

No

School

Early out

Sack lunches are provided before students leave for the day

Sloppy Joe/bun

Or Cheeseburger/bun

Seasoned Wedges

Mix Veg., Pineapple

Snickerdoodle Cookies

Chili/crackers

Grilled Cheese

Side Salad, Peaches

Chocolate Bread Slice

Cheese Quesadilla

Or Buffalo Chicken Sandwich

Tostitos/salsa

Peas, Side Salad

Blueberry/strawberry mix

Roasted Chicken

Cheese Potatoes

Carrots, Mix Fruit

Dinner Roll

Brownies

Taco in a bag or

Taco Salad

Refried Beans, Cheese

Salsa, Sour Cream, lettuce

Corn, Red beans and rice

Pears, Ice cream treat

Pasta Bar:

Pasta Shells

2 sauces, 2 meats

Garlic Toast, Broccoli

Peaches

Chicken Nuggets

Mashed Potato/gravy

Side Salad

Corn, Mixed Berry Cup

Dinner Roll

Pulled Pork/bun

Or Tenderloin

Bake Beans, Pasta Salad

Cottage Cheese cup

Strawberry cup

Cheeseburger/bun

Or Grilled Chicken Sandwich

Fries

Green Beans, Fruit

No

School

No

School

No

School

Happy New Year

**JANUARY 2019**

Home of the Tornadoes 9-12