

# Justus-Tiawah Running Club

**WHO:** Any JT student in 1<sup>st</sup> through 4<sup>th</sup> grade who wants to run, jog, walk, learn about health and wellness, and have fun with friends. You do not need to be an avid runner to be part of the club! Students will work on fitness and be rewarded with tokens for every mile they complete! Students who can run/jog a mile and would like to go to Cross Country meets will be allowed to go this fall.

**WHEN:** Tuesdays and Thursdays 7:20am August through October, and March through May

**WHERE:** We will meet at South Campus at the football field. Students will be shuttled to the North Campus after Running Club

**COST:** FREE!

**CANCELLATION:** Running Club will not be held during inclement weather and/or school closures. We will make a decision by 8pm on the day before Running Club and post it on the Remind App. DO NOT call the office to find out if Running Club will be held however you can send a text to coach through the Remind App.

**REMIND APP:** To receive live updates for Running Club you can add this app to your phone in 2 steps. 1) Send a text to the number: 81010 2) Text this message: @jtrunni

**QUESTIONS:** You can email questions to Coach Hardin at [jhardin@justustiawah.com](mailto:jhardin@justustiawah.com)

CONTACT INFORMATION AND RELEASE WAIVER FORM MUST BE COMPLETED, SIGNED, AND SUBMITTED TO THE OFFICE OR TO COACH HARDIN BEFORE MEMBERS CAN PARTICIPATE.



# Justus-Tiawah Running Club

## Registration Form and Release Waiver

STUDENT NAME \_\_\_\_\_  
GRADE \_\_\_\_\_ TEACHER \_\_\_\_\_  
PARENT/GUARDIAN NAME \_\_\_\_\_ PHONE \_\_\_\_\_  
EMAIL ADDRESS \_\_\_\_\_  
EMERGENCY CONTACT NAME \_\_\_\_\_  
RELATIONSHIP TO STUDENT \_\_\_\_\_ PHONE \_\_\_\_\_  
DOES YOUR CHILD HAVE ANY MEDICAL CONDITIONS THAT WE SHOULD BE AWARE OF? YES NO IF YES,  
PLEASE SPECIFY: \_\_\_\_\_

RELEASE WAIVER: In consideration of this waiver being accepted, I hereby release and discharge any and all rights and claims for damages which I or my child may have against the sponsors, organizers, and volunteers of the JT Running Club for any injuries of any kind that I or my child may incur as a result of participation in the JT Running Club. I understand that participation in an activity such as the JT Running Club involves the risk of physical injury and state that my child is physically able to participate in this event. I understand that it will be my responsibility to pay for any emergency services that my child or I might require during participation in the JT Running Club. I further understand that the JT Running Club is sponsored by Justus-Tiawah Schools and agree that it shall have no liability of any kind in relation to me, or my child's participation in the JT Running Club. I also understand and agree that JT Running Club may subsequently use for publicity and/or promotional purposes my name and pictures of my child participating in this event without obligation or liability to me.

\_\_\_\_\_ (PLEASE INITIAL): I understand that membership in JT Running Club is a privilege. Any student that demonstrates inappropriate behavior or chooses not to participate may be immediately dismissed from Running Club.

STUDENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_  
PARENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PLEASE COMPLETE THIS FORM AND BRING WITH YOU TO FIRST DAY OF RUNNING CLUB IN  
AUGUST 2021

