





# SEPTEMBER 2023 MENU K-8

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<p><b>Birthday Popcorn September 13</b></p> 	<p><b>Grades 6-12 are Offer vs. Serve</b></p>		<p><b>1</b> Cereal Bar, Yogurt Cup, Fruit, Juice, Milk</p> <p>Pigs in a Blanket Broccoli w/Dip Seasoned Corn Pineapple Chunks Milk Variety</p>
<p><b>4</b></p> 	<p><b>5</b> Pancake &amp; Sausage Sandwich, Fruit, Juice, Milk</p> <p>Fish Sandwich Tartar Sauce French Fries Mixed Vegetables Fresh Fruit Milk Variety</p>	<p><b>6</b> WG Muffin, Cheese Stick, Fruit, Juice, Milk</p> <p>Spaghetti w/Meatballs WG Breadstick Corn Salad w/dressing Peaches Milk Variety</p>	<p><b>7</b> Pop-Tarts, Fruit, Juice, Milk</p> <p>Chicken Quesadilla Sour Cream &amp; Salsa Refried Beans Grape Tomatoes w/Dip Fresh Fruit Milk Variety</p>	<p><b>8</b> WG Biscuit w/Butter and Jelly, Fruit, Juice, Milk</p> <p>Corndog Sweet Potato Waffle Fries Broccoli w/Dip Chocolate Chip Cookie Fresh Fruit Milk Variety</p>
<p><b>11</b> Mini Waffles, Fruit, Juice, Milk</p> <p>Chicken Nuggets Salad w/dressing French Fries Mixed Fruit Milk Variety</p>	<p><b>12</b> Chicken Biscuit, Fruit, Juice, Milk</p> <p>Hot Ham and Cheese Baked Beans Broccoli w/Dip Fresh Fruit Milk Variety</p>	<p><b>13</b> Blueberry Bread, Fruit, Juice, Milk</p> <p>Open Face Roast Beef Sandwich Mashed Potatoes Glazed Carrots Pineapple Chunks Milk Popcorn</p>	<p><b>14</b> Cereal Bar, Fruit, Juice, Milk</p> <p>Pizza Corn on the Cob Spinach Applesauce Milk Variety</p>	<p><b>15</b> French Toast Sticks, Fruit, Juice, Milk</p> <p>Scrambled Eggs WG Biscuits w/Butter &amp; Jelly Sausage Hash Brown Potatoes Grape Tomatoes Cooked Apples Milk Variety</p>
<p><b>18</b> Breakfast Pizza, Fruit, Juice, Milk</p> <p>Crispy Chicken Sandwich Tater Tots Baked Beans Fresh Fruit Milk Variety</p>	<p><b>19</b> Fruit Strudel, Fruit, Juice, Milk</p> <p>Sloppy Joe Creamy Coleslaw Corn WG Chips Mixed Fruit Milk Variety</p>	<p><b>20</b> Bagel w/Cream Cheese, Fruit, Juice, Milk</p> <p>General Tso Chicken Fried Rice Black Bean Salad Cooked Broccoli Fresh Fruit Milk</p>	<p><b>21</b> Jumpstart, Banana, Juice, Milk</p> <p>Cheeseburger Lettuce and Tomato French Fries Carrots w/Dip Peaches Milk Variety</p>	<p><b>22</b> Sausage Biscuit, Fruit, Juice, Milk</p> <p>Beanie Weenies WG Roll Sweet Potato Bites Salad w/dressing Fresh Fruit Milk Variety</p>
<p><b>25</b> Apple Cinnamon Texas Toast, Fruit, Juice, Milk</p> <p>Tomato Soup Grilled Cheese Salad w/dressing Yogurt Cup Applesauce Milk Variety</p>	<p><b>26</b> Biscuits and Sausage Gravy, Fruit, Juice, Milk</p> <p>Grilled Chicken Sandwich Tater Tots Carrots w/Dip Goldfish Crackers Fruit Smoothie Milk Variety</p>	<p><b>27</b> WG Donut, Fruit, Juice, Milk</p> <p>Pepperoni Roll Corn Green Beans Cheese Stick Mandarin Oranges Milk Variety</p>	<p><b>28</b> Cinnamon Roll, Fruit, Juice, Milk</p> <p>Chicken Strips Scalloped Potatoes Glazed Carrots Fresh Fruit Milk Variety</p>	<p><b>29</b> Hard Boiled Egg, Toast w/Butter and Jelly, Fruit, Juice, Milk</p> <p>Brown Beans Cornbread Spinach Baked Potato Pears Milk Variety</p>