SEPTEMBER 2023 MENU 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
Garden Bar Offered	Septembery	Grades 6-12		1 Cereal Bar, Yogurt Cup, Fruit, Juice, Milk
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Every day!		are Offer vs.	COLOR COL	Pigs in a Blanket
	Birthday Popcorn			Broccoli w/Dip Seasoned Corn
	September 13	Serve	+sformax0avor	Pineapple Chunks
		Derve	Choose 5 or more	Fresh Fruit
				Milk Variety
4	5 Pancake & Sausage Sandwich,	6 WG Muffin, Cheese Stick, Fruit,	7 Pop-Tarts, Fruit, Juice, Milk	8 WG Biscuit w/Butter and Jelly,
IL'S N	Fruit, Juice, Milk	Juice, Milk		Fruit, Juice, Milk
	Fish Sandwich	Spaghetti w/Meatballs	Chicken Quesadilla	Corndog
	Tartar Sauce	WG Breadstick	Sour Cream & Salsa	Sweet Potato Waffle Fries
	French Fries	Cor	Refried Beans	Broccoli w/Dip
take	Mixed Vegetables	Green Beans	Grape Tomatoes w/Dip	Chocolate Chip Cookie
the day off!	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Mixed Fruit	Peaches	Pears	Pineapple Chunks
	Milk Variety	Milk Variety	Milk Variety	Milk Variety
11 Mini Waffles, Fruit, Juice, Milk	12 Chicken Biscuit, Fruit, Juice, Milk	13 Blueberry Bread, Fruit, Juice, Milk	14 Cereal Bar, Fruit, Juice, Milk	15 French Toast Sticks, Fruit, Juice, Milk
Chicken Nuggets	Hot Ham and Cheese	Open Face Roast Beef Sandwich	Pizza	Scrambled Eggs
Green Beans	Baked Beans	Mashed Potatoes	Corn on the Cob	WG Biscuits w/Butter & Jelly
French Fries	Broccoli w/Dip	Glazed Carrots	Spinach-	Sausage
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Hash Brown Potatoes
Mixed Fruit	Mandarin Oranges	Pineapple Chunks	Applesauce	Grape Tomatoes
Milk Variety	Milk Variety	Milk	Milk Variety	Cooked Apples Fresh Fruit
				Milk Variety
18 Breakfast Pizza, Fruit, Juice,	19 Fruit Strudel, Fruit, Juice, Milk	20 Bagel w/Cream Cheese, Fruit,	21 Jumpstart, Banana, Juice, Milk	22 Sausage Biscuit, Fruit, Juice, Milk
Milk		Juice, Milk	21 Sumpstart, Bunana, Suice, Mink	22 Suusuge Discutt, Fruit, Suiec, Mink
			Cheeseburger	Beanie Weenies
Hotdog w/chili	Sloppy Joe	General Tso Chicken	Lettuce and Tomato	WG Roll
Tater Tots	Creamy Coleslaw	Fried Rice	French Fries	Sweet Potato Bites
Baked Bean	Corn	Black Bean Salad	Carrots w/Dip	Seasoned Green Beans
Applesauce	WG Chips	Cooked Broccoli	Fresh Fruit	Fresh Fruit
Fresh Fruit Milk Variety	Fresh Fruit Mixed Fruit	Fresh Fruit Pineapple Chunks	Peaches Mike Variety	Applesauce Milk Variety
wink variety	Milk Variety	Milk	wike variety	Wilk Vallety
25 Apple Cinnamon Texas	26 Biscuits and Sausage Gravy,	27 WG Donut, Fruit, Juice, Milk	28 Cinnamon Roll, Fruit, Juice,	29 Hard Boiled Egg, Toast w/Butter
Toast, Fruit, Juice, Milk	Fruit, Juice, Milk		Milk	and Jelly, Fruit, Juice, Milk
Tomato Soup	Grilled Chicken Sandwich	Pepperoni Rol	Chicken Strips	Brown Beans
Grilled Cheese	Tater Tots	Corn	Scalloped Potatoes	Cornbread
Cucumber Slices w/Dip	Carrots w/Dip	Green Beans	Glazed Carrots	Spinach
Yogurt Cup	Goldfish Crackers	Cheese Stick	Fresh Fruit	Baked Potato
Fresh Fruit	Fresh Fruit	Fresh Fruit	Mixed Fruit	Fresh Fruit
Applesauce	Fruit Smoothie	Mandarin Oranges	Milk Variety	Pears
Milk Variety	Milk Variety	Milk Variety		Milk Variety